

**Bluebonnet's Calcium Magnesium & Zinc Caplets** are formulated with a combination of calcium, magnesium, zinc, copper and boron along with L-glutamic acid and horsetail powder for strong, healthy bones.♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Bluebonnet®



# Calcium Magnesium & Zinc

Bone Health ♦



Dietary Supplement **180 Caplets**

**Directions:** As a dietary supplement, take three caplets once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 3 Caplets  
Servings Per Container 60

Amount Per Serving		% Daily Value
Calcium (as citrate, carbonate)	1000 mg	77%
Magnesium (as aspartate, oxide)	400 mg	95%
Zinc (as picolinate)	15 mg	136%
Copper (as gluconate)	1 mg	111%
L-Glutamic Acid	100 mg	*
Horsetail Powder	20 mg	*
Boron (as citrate, aspartate, glycinate)	100 mcg	*

\*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silicon dioxide, vegetable glaze.

Manufactured by  
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