

SUGGESTED USE: As a dietary supplement, adults take 2-4 capsules daily, preferably with food, or as directed by a healthcare provider.

PURITY AND POTENCY GUARANTEED.

STORAGE: Keep tightly closed in a dry place; do not expose to excessive heat.

CAUTION: If you have a medical condition, check with your healthcare provider before taking this product.

KEEP OUT OF THE REACH OF CHILDREN.

THE SUPREME DIFFERENCE:

Superior Absorption - absorption enhanced with chelated minerals; no "oxide" minerals are used.

Maximum Antioxidant Protection - delivers vitamin C, CoQ10, grape seed extract, turmeric, citrus bioflavonoids, cytochrome, zeaxanthin, and mixed carotenoids.

Unique Amounts of Vitamins C and D - contains 1000 mg vitamin C and 1000 units of vitamin D, higher than other supplements for added immune and bone support.

High-Potency B-Complex Vitamins - provides optimal stress protection with at least 50 mg each of crucial B vitamins - B1, B2, B3, B5, B6.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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DIETARY SUPPLEMENT

SUPREME MULTIVITAMIN

GENERAL NUTRITIONAL SUPPORT

1,000 MG VITAMIN C AND 1,000 IU VITAMIN D
PLUS CoQ10 AND POWERFUL PLANT ANTIOXIDANTS

Formulated by physicians from
Harvard, Cornell, MIT and Bastyr

120 VEGETARIAN
CAPSULES



SUPPORTING LIFE

Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 30

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Vitamin A (as Mixed Carotenoids) (as Betatene®)	3000 mcg 333%	Selenium (as L-Selenomethionine)	75 mcg 136%
Vitamin C (Ascorbic acid)	1000 mg 1111%	Copper (as Copper Amino acid chelate)	1 mg 111%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU) 125%	Manganese (as Manganese Amino acid chelate)	2 mg 87%
Vitamin E (as d-Alpha Tocopheryl Succinate)	134 mg 893%	Chromium (as Chromium Picolinate)	200 mcg 571%
Vitamin K (as Phylloquinone)	100 mcg 83%	Molybdenum (as Molybdenum Amino acid chelate)	25 mcg 56%
Thiamin (as Thiamin Mononitrate)	50 mg 4167%	Potassium (as Potassium Citrate)	80 mg 2%
Riboflavin	50 mg 3846%	Citrus Bioflavonoid Peel Powder Complex	75 mg †
Niacin (as Niacinamide)	50 mg 313%	Turmeric Root Extract	40 mg †
Vitamin B6 (as Pyridoxine HCl)	50 mg 2941%	Coenzyme Q10	10 mg †
Folate (as (R)-5-Methyltetrahydrofolic acid, Glucosamine Salt) (as Quatrefolic®)	400 mcg DFE 100%	Grape Seed Extract	10 mg †
Vitamin B12 (as Methylcobalamin)	400 mcg 16,667%	Boron (as Boron Citrate)	1 mg †
Biotin	200 mcg 667%	Vanadium (as Vanadyl sulfate)	100 mcg †
Pantothenic acid (as Calcium d-Pantothenate)	75 mg 1500%	Alpha Carotene (as Betatene® Mixed carotenoids)	190 mcg †
Calcium (as Calcium Citrate)	150 mg 12%	Cryptoxanthin (as Betatene® Mixed carotenoids)	45 mcg †
Iodine (from Kelp)	25 mcg 17%	Zeaxanthin (as Betatene® Mixed carotenoids)	38 mcg †
Magnesium (as Magnesium Amino acid chelate)	150 mg 36%		
Zinc (as Zinc Amino acid chelate)	10 mg 91%		

† Daily Value (DV) not established

Other ingredients: Hypromellose (Capsule), Rice Flour, L-Leucine

This product contains BETATENE® natural mixed carotenoids, an exclusive product of Cognis Corporation. BETATENE® is a registered trademark of Cognis Corporation. Quatrefolic® is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A.

Manufactured at a FDA- and GMP-registered facility for
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