

DIRECTIONS: As a dietary supplement, add one scoop (33 g) of **Bluebonnet's Whey Protein Isolate Powder** to 8 fl oz of water, juice or milk (dairy, almond, oat, rice or soy) and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender.



CLEAN & FAST-ACTING PROTEIN



Sourced from grass-fed, pasture-raised cows not treated with hormones (rBST/rBGH) or antibiotics.†



Undenatured, microfiltered whey protein isolate with important immunoglobulins.



Optimal lean muscle growth & recovery and quickly replenishes the body's amino acid pool. ♦

Bluebonnet's KOF-K Certification #K-0000700
KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.
THIS PRODUCT DOES NOT CONTAIN COMMON GE GENES OR PROTEINS. VISIT IGENPROGRAM.COM.
SERVINGS PER CONTAINER ARE AN APPROXIMATE.
NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THEREFORE, SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.
CAUTION: FOR ADULTS ONLY. CONSULT PHYSICIAN IF PREGNANT/NURSING, TAKING MEDICATION, OR HAVE A MEDICAL CONDITION. KEEP OUT OF REACH OF CHILDREN.
† NO SIGNIFICANT DIFFERENCE HAS BEEN SHOWN BETWEEN MILK DERIVED FROM rBST (rBGH) TREATED AND NON-rBST (rBGH) TREATED COWS. MADE IN USA FROM DOMESTIC AND IMPORTED INGREDIENTS.



WARNING Consuming this product can expose you to lead which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

TYPICAL AMINO ACID PROFILE PER SERVING
Values are based on amino acid milligram percentages per **26 grams of protein** in a single serving of **Bluebonnet's Whey Protein Isolate Powder**.

Amino Acid	% Total Protein	mg
Alanine	4.2%	1100 mg
Arginine	2.3%	610 mg
Aspartic Acid	8.9%	2315 mg
Cystine/Cysteine	1.8%	465 mg
Glutamic Acid	15.1%	3920 mg
Glycine	1.6%	405 mg
Histidine	1.5%	390 mg
Lysine	8.0%	2090 mg
Methionine	1.9%	505 mg
Phenylalanine	2.7%	690 mg
Proline	4.9%	1275 mg
Serine	4.3%	1120 mg
Threonine	5.9%	1530 mg
Tryptophan	1.4%	370 mg
Tyrosine	2.5%	640 mg
Branched Chain Amino Acids		
Isoleucine	4.9%	1265 mg
Leucine	9.2%	2380 mg
Valine	5.0%	1290 mg
Protein Fractions		
Beta-Lactoglobulin	60%	15,600 mg
Glycomacropeptides (GmP)	15%	3900 mg
Alpha-Lactalbumin	15%	3900 mg
Proteose Peptone 5	5.0%	1300 mg
Immunoglobulins (IgG)	2.0%	520 mg
Serum Albumins	<1%	250 mg

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet

FROM GRASS-FED COWS
WHEY PROTEIN ISOLATE
FAST-ACTING POWDER
MIXED BERRY FLAVOR



MUSCLE FUEL
STRENGTH
GAIN
RECOVERY

DIETARY SUPPLEMENT
NET WT. 2 lbs. (924 g)

26g PROTEIN
4.9g BCAA
3.9g GLUTAMINE
GLUTAMIC ACID
PER SERVING

Supplement Facts

Serving Size 1 Scoop (33 g) Servings Per Container 28		
Amount Per Serving		% Daily Value
Calories	125	
Total Fat	0.5 g	<1%**
Saturated Fat	0.5 g	3%**
Cholesterol	15 mg	5%**
Total Carbohydrate	3 g	1%**
Total Sugars	1.5 g	*
Protein	26 g	52%**
Calcium	110 mg	8%
Phosphorus	50 mg	4%
Magnesium	15 mg	4%
Sodium	45 mg	2%
Potassium	140 mg	3%

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Ingredients: Whey protein isolate, natural mixed berry flavor, sunflower lecithin, stevia extract (Reb A), beet juice (colorant), hibiscus and carrot extract (colorant).

Contains: Milk

Manufactured by
Bluebonnet Nutrition Corp.
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
bluebonnetnutrition.com



Free of egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.
Also free of gluten, barley and rice.

NOTICE: USE AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.