

Bluebonnet

FROM GRASS-FED COWS

WHEY PROTEIN ISOLATE

CHOCOLATE FLAVOR



FAST-ACTING POWDER

MUSCLE FUEL •
STRENGTH •
GAIN •
RECOVERY •

DIETARY SUPPLEMENT
NET WT. 2 lbs. (924 g)

26g PROTEIN
4.9g BCAA
3.9g GLUTAMINE
GLUTAMIC ACID
PER SERVING



TYPICAL AMINO ACID PROFILE PER SERVING

Values are based on amino acid milligram percentages per 26 grams of protein in a single serving of Bluebonnet's Whey Protein Isolate Powder.

Amino Acid	% Total Protein	mg
Alanine	4.2%	1100 mg
Arginine	2.3%	610 mg
Aspartic Acid	8.9%	2315 mg
Cystine/Cysteine	1.8%	465 mg
Glutamic Acid	15.1%	3920 mg
Glycine	1.6%	405 mg
Histidine	1.5%	390 mg
Lysine	8.0%	2090 mg
Methionine	1.9%	505 mg
Phenylalanine	2.7%	690 mg
Proline	4.9%	1275 mg
Serine	4.3%	1120 mg
Threonine	5.9%	1530 mg
Tryptophan	1.4%	370 mg
Tyrosine	2.5%	640 mg

Branched Chain Amino Acids

Isoleucine	4.9%	1265 mg
Leucine	9.2%	2380 mg
Valine	5.0%	1290 mg

Protein Fractions

Beta-Lactoglobulin	60%	15,600 mg
Glycomacropeptides (GmP)	15%	3900 mg
Alpha-Lactalbumin	15%	3900 mg
Protease Peptone 5	5.0%	1300 mg
Immunoglobulins (IgG)	2.0%	520 mg
Serum Albumins	<1%	250 mg

Values are based on an average calculation of Whey Protein Isolate.

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, add one scoop (33 g) of Bluebonnet's Whey Protein Isolate Powder to 8 fl oz of water, juice or milk (dairy, almond, oat, rice or soy) and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender.



CLEAN & FAST-ACTING PROTEIN



Sourced from grass-fed, pasture-raised cows not treated with hormones (rBST/rBGH) or antibiotics. ¹



Undenatured, microfiltered whey protein isolate with important immunoglobulins.



Optimal lean muscle growth & recovery and quickly replenishes the body's amino acid pool. ♦

Bluebonnet's KOF-K Certification #K-0000700

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

THIS PRODUCT DOES NOT CONTAIN COMMON GE GENES OR PROTEINS. VISIT IGENPROGRAM.COM.

SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THEREFORE, SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

CAUTION: FOR ADULTS ONLY. CONSULT PHYSICIAN IF PREGNANT/NURSING, TAKING MEDICATION, OR HAVE A MEDICAL CONDITION. KEEP OUT OF REACH OF CHILDREN.

¹ NO SIGNIFICANT DIFFERENCE HAS BEEN SHOWN BETWEEN MILK DERIVED FROM rBST (rBGH) TREATED AND NON-rBST (rBGH) TREATED COWS. MADE IN USA FROM DOMESTIC AND IMPORTED INGREDIENTS.



WARNING Consuming this product can expose you to lead which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

Supplement Facts

Serving Size 1 Scoop (33 g)
Servings Per Container 28

Amount Per Serving		% Daily Value
Calories	125	
Total Fat	0.5 g	<1%**
Saturated Fat	0.5 g	3%**
Cholesterol	15 mg	5%**
Total Carbohydrate	3 g	1%**
Dietary Fiber	0.5 g	2%**
Total Sugars	1.5 g	*
Protein	26 g	52%**
Calcium	120 mg	9%
Iron	0.5 mg	3%
Phosphorus	65 mg	5%
Magnesium	20 mg	5%
Copper	0.07 mg	8%
Chloride	70 mg	3%
Sodium	110 mg	5%
Potassium	225 mg	5%

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Ingredients: Whey protein isolate, Dutch cocoa, natural chocolate flavor, sunflower lecithin, stevia extract (Reb A), salt.

Contains: Milk
Manufactured by
Bluebonnet Nutrition Corp.
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
bluebonnetnutrition.com



Free of egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame. Also free of gluten, barley and rice.

NOTICE: USE AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

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