

**Bluebonnet's Omega-3 Kosher Fish Oil Vegetarian Softgels** are formulated with EPA, DHA and DPA to help support heart, brain and joint health by utilizing refined omega-3s from wild ocean fish. ♦



**Free** of milk, egg, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley, rice, sodium and sugar.

This product does not contain common GE genes or proteins. Visit [igenprogram.com](http://igenprogram.com).



Bluebonnet's KOF-K Certification #K-0000700

Made in USA from imported and domestic ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Do not use this supplement two weeks before, after surgery, or while on blood-thinning medication. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Bluebonnet

# OMEGA-3

## *Kosher Fish Oil*

2000 mg/serving Omega-3 with  
370 mg EPA per 2 softgels

**HEART, BRAIN & JOINT.♦**

**Molecularly Distilled**

**Dietary Supplement**

**120 Vegetarian Softgels**



**Directions:** As a dietary supplement, take two vegetarian softgels once daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 2 Vegetarian Softgels  
Servings Per Container 60

Amount Per Serving		% Daily Value
Calories	20	
Total Fat	2 g	3%**
Saturated fat	0.5 g	3%**
Polyunsaturated fat	0.5 g	*
Monounsaturated fat	0.5 g	*
Omega-3 Fish Oil	2000 mg	*
EPA (eicosapentaenoic acid)	370 mg	*
DHA (docosahexaenoic acid)	120 mg	*
DPA (docosapentaenoic acid)	30 mg	*

\*\*Percent Daily Value based on a 2,000 calorie diet.  
\*Daily Value not established.

Other ingredients: Soluble food starch, glycerin, carrageenan, purified water, sorbitol, rosemary extract, tocopherols (preservative).

**Contains:** Fish (anchovies, sardines), soybeans

Manufactured for  
**Bluebonnet Nutrition Corporation**  
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