

Instructions for the preparation of a half gallon* (64 fl. oz.) of tea concentrate

1. Bring 1/2 gallon fresh spring water or distilled water to a hard boil in a covered stainless steel pot.
2. Add 2 oz. (1/8 of the 16 oz. bag) of tea blend and stir with a stainless steel utensil and cover.
3. Bring to boil then simmer for 10 minutes.
4. Remove from heat and stir. Cover and let sit for 12 hours.
5. Stir, reheat until it almost boils (DO NOT MICROWAVE) then remove from heat.
6. Using stainless steel utensils, strain through a fine mesh strainer. Funnel liquid into clean amber glass bottles while hot. (If amber glass is not available, replace with canning-style jar). Tighten caps after cooling. REFRIGERATE. The concentrate lasts for 2 weeks.

Directions for Use: Shake herbal tea concentrate to mix well. Boil 4 oz. of fresh spring water or distilled water. Add 4 fl. oz. of the previously prepared tea concentrate to water. Drink once daily on an empty stomach, preferably before bedtime. Drink warm or cold.

NOTE: Do not use aluminum or copper pot, strainers, or utensils when preparing tea.

Does NOT contain dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.

*This bag makes a total of 4 gallons of liquid tea concentrate (four month supply). For freshness, the instructions are written for a half gallon using 2 oz. of herbal tea blend.

FAMILY
FARMSINCE
1994

ORGANIC

Rene's Tea

TRADITIONAL
"ESSIAC" FORMULA

NON
GMO

GF



Net wt. 4 oz. (113 g)

Supplement Facts

Serving Size: 3.5 g

Servings Per Container: 32

Amount Per Serving

Organic Burdock root (<i>Arctium lappa</i>)	2100 mg†
Organic Sheep Sorrel whole plant (<i>Rumex acetosella</i>)	1050 mg†
Organic Slippery Elm inner bark (<i>Ulmus fulva</i>)	262 mg†
Organic Chinese Rhubarb root (<i>Rheum sp.</i>)	88 mg†

†Daily Value not established

Manufactured with love by Oregon's Wild Harvest
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