

Promotes a Sense of Calm*

High absorption form of magnesium

- Replenishes stress-depleted magnesium levels*
- Supports muscle, heart, and nerve function*
- Promotes a healthy response to stress and a balanced mood*

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GLUTEN FREE. No wheat, soy, dairy, or gelatin.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE /
naturesway.com



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Nature's
Way**

MAGNESIUM GUMMY

HIGH ABSORPTION

**Promotes Calmness &
Muscle Relaxation***

**WITH
PLANT-
BASED
PECTIN**

Mixed Berry
Flavored



100 MG PER GUMMY

90 GUMMIES - DIETARY SUPPLEMENT

Recommendation: Adults: To support muscle relaxation, heart and nerve function, chew 1 gummy daily.* To promote calm, manage stress, and balance mood, chew 3 gummies daily.* Do not exceed 3 gummies per day. Not formulated for children. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size	1 Gummy		3 Gummies	
Servings per Container	90		30	
Amount per Serving	% DV†		% DV†	
Calories	15		45	
Total Carbohydrate	4 g	1%†	12 g	4%†
Total Sugars	2 g	**	7 g	**
Includes Added Sugars	2 g	4%†	7 g	14%†
Magnesium (as magnesium citrate)	100 mg	24%	300 mg	71%
Sodium	10 mg	<1%	25 mg	1%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: glucose syrup, sugar, purified water, pectin, citric acid, natural flavors, sodium citrate, coconut oil, vegetable and fruit juice color, vegetable juice color, carnauba wax

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