

RECOMMENDATION:
Dosage cup included.
Shake well before each use.

For Daily Maintenance:

Adults: Take 2 teaspoons (tsp) (10 mL) daily.
Children ages 7 and older: Take 1 teaspoon (5 mL) daily.

For Intensive Use:

Adults: Take 2 teaspoons (10 mL) twice daily.
Children ages 7 and older: Take 1 teaspoon (5 mL) twice daily. Do not exceed recommended dose. Not formulated for children under 7 years of age.

Caution: Not recommended for individuals with autoimmune conditions. Individuals with allergies to plants of the *Asteraceae* (*Compositae*) family, including ragweed, should use this product with caution. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No peanut, dairy, or artificial colors.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE /
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LH6974.D01 BLQ7605D



DIETARY SUPPLEMENT

4 FL OZ (120 mL)

About Black Elderberry

For centuries European black elderberries (*Sambucus nigra* L.) have been traditionally used for immune support during the winter months.* You can take elderberry extract daily for year-round, traditional immune support.*

Superior Quality

Each elderberry is 100% hand-picked and harvested at just the right time. Berries are carefully inspected for quality and frozen on the same day they're picked to preserve them at their peak. We never use artificial colors – the proof is in the berry!



*THOSE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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Daily Immune Support Syrup*

Powerful antioxidant support from vitamin C*



Excellent source of vitamin C and zinc



Antioxidant support from elderberry anthocyanins*



Proprietary blend of echinacea and propolis for immune support*

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Nature's way
sambucus®
IMMUNE SYRUP
ELDERBERRY

With **Vitamin C, Zinc, Propolis & Echinacea**

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Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	24	12
Amount per Serving	Ages 7+ % DV*	Adults % DV*
Calories	15	30
Total Carbohydrate	4 g 1%	7 g 3%†
Total Sugars	3 g **	5 g **
Includes Added Sugars	3 g 6%	5 g 10%†
Vitamin C (ascorbic acid)	50 mg 56%	100 mg 111%
Zinc (as zinc gluconate)	5 mg 45%	10 mg 91%
Proprietary Blend: <i>Echinacea angustifolia</i> (root) Extract and <i>Echinacea purpurea</i> (flower) Extract, Propolis	239 mg **	478 mg **
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 3,200 mg of premium cultivar elderberries per teaspoon	50 mg **	100 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: fructose, purified water, glycerin, natural flavor, preservatives to maintain freshness (potassium sorbate, citric acid)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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