Supports regularity, reduces occasional constipation & promotes vaginal health*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.

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GLUTEN FREE. No soy, dairy, or artificial colors.

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30 BILLION LIVE CULTURES

Nature's way

DAILY PROBIOTIC

WOMEN'S

Fortify® PROMOTES VAGINAL HEALTH*

PROBIOTIC SUPPLEMENT
30 DELAYED-RELEASE CAPSULES

Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**
Fortify® Women's 30 Billion CFU Proprietary Probiotic Blend:	520 mg**
***Lactobacilli* Blend** (26 Billion CFU): *Lactobacillus casei* Lc-11®; *L. acidophilus* La-14®; *L. rhamnosus* GG; *L. paracasei* Lpc-37®; HOWARU® *L. rhamnosus* HN001™; *L. plantarum* Lp-115®; HOWARU® *L. acidophilus* NCFM®; *L. rhamnosus* Lr-32®	
***Bifidobacteria* Blend** (4 Billion CFU): *Bifidobacterium lactis* BL-04®; HOWARU® *B. lactis* HN019™	
Chicory (root) Fiber	50 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica

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Wellness Starts with a Healthy Gut

Promotes healthy gut bacteria*

- Guarantees 30 billion live probiotic cultures through the date of expiration
- Formulated with 10 diverse probiotic strains
- Plant-derived, delayed-release capsule survives stomach acid to distribute live cultures where they're needed most—in the intestine and colon
- Contains plant-based prebiotic fiber, food for good bacteria*
- No refrigeration needed

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Powerful Probiotics for Women's Digestive and Vaginal Health*

Promotes vaginal health with clinically studied probiotic strains *L. acidophilus* La-14® and *L. rhamnosus* HN001™*

- Supports digestive balance and immune health with clinically studied probiotic strains *B. lactis* HN019™ and *B. lactis* BL-04®*
- Reduces occasional gas and digestive discomfort*
- Contains the doctor-preferred probiotic for regularity*††

Explore more products at **NATURESWAY.COM**

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30 BILLION LIVE CULTURES

Nature's way

DAILY PROBIOTIC

4 CLINICALLY STUDIED PROBIOTIC STRAINS

WOMEN'S

Fortify® PROMOTES VAGINAL HEALTH*

WITH PLANT-BASED PREBIOTIC FIBER

CONTAINS THE DOCTOR-PREFERRED PROBIOTIC FOR REGULARITY*††

PLUS
Supports regularity & reduces occasional constipation*

PROBIOTIC SUPPLEMENT
30 DELAYED-RELEASE CAPSULES

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Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**
Fortify® Women's 30 Billion CFU Proprietary Probiotic Blend:	520 mg**
***Lactobacilli* Blend** (26 Billion CFU): *Lactobacillus casei* Lc-11®; *Lactobacillus acidophilus* La-14®; *Lactobacillus rhamnosus* GG; *Lactobacillus paracasei* Lpc-37®; HOWARU® *Lactobacillus rhamnosus* HN001™; *Lactobacillus plantarum* Lp-115®; HOWARU® *Lactobacillus acidophilus* NCFM®; *Lactobacillus rhamnosus* Lr-32®	
***Bifidobacteria* Blend** (4 Billion CFU): *Bifidobacterium lactis* BL-04®; HOWARU® *Bifidobacterium lactis* HN019™	
Chicory (root) Fiber	50 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica

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††Based on an IQVIA ProVoice survey of Primary Care Physicians, HOWARU® *B. lactis* HN019™ is the Doctor-preferred probiotic strain for Regularity as compared to other strains in leading Probiotic brands, 52-week sales MULO, ending 8/13/23; August 2023.*

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