

TEAR HERE

USE CUP TO TRACK
M T W Th F S Su

DIAL A DAY™

Use Dosage Cup to Track Daily Use.

Place dosage cup over bottle cap
and align letter of week with
DIAL A DAY line above.**Supplement Facts**Serving Size 2 Tablespoons (Tbsp) (1 fl oz/30 mL)
Servings per Container 16

Amount per Serving	% DV*
Calories	20
Total Carbohydrate	3 g 1%
Total Sugars	0 g **
Includes 0 g Added Sugars	0%†
Sugar Alcohol	2 g **
Vitamin D3 (as cholecalciferol)	25 mcg 125%
Calcium (as calcium citrate, calcium magnesium citrate)	1,000 mg 77%
Magnesium (as calcium magnesium citrate)	40 mg 10%
Sodium	10 mg <1%
Boron (as boron aspartate, rice protein, citric acid complex)	250 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, natural flavors, citric acid (preservative to maintain freshness), fruit and vegetable blend color, dextrin, potassium sorbate (preservative to maintain freshness), xanthan gum, sodium benzoate (preservative to maintain freshness), sucralose, carotenes color, mixed tocopherols, calcium disodium EDTA.

RECOMMENDATION: Shake well before each use. Adults take 2 Tablespoons (1 fluid ounce) daily with or without food, either directly or mix into water or juice. May be taken as two dosages, 1 Tablespoon (½ fluid ounce) twice daily. Not formulated for children. Do not exceed recommended daily serving.**WARNING:** Do not take if you are pregnant or nursing. If you have a kidney disorder, hypercalcemia, hypercalciuria, or if you are taking any medications, consult a healthcare professional before use. Do not take with other Vitamin D containing supplements.**DOSAGE CUP PROVIDED** on top of bottle. Wash after each use.**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.©2023 Distributed by Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-NATURE / natureway.com

VEGETARIAN

**FAST**
ABSORBING LIQUID**Calcium
& Vitamin D3****BONE HEALTH***Calcium 1,000 mg per 1 oz serving
100% Citrate

Vitamin D3 25 mcg per 1 oz serving

with Magnesium

Citrus Flavored
Sugar Free**16**
SERVINGS

JUST 2 Tbsp DAILY



16 FL OZ (1 PT) (480 mL) • Dietary Supplement

> FAST ABSORBING LIQUID

helps you maintain strong bones.*

> 100% CITRATE easily absorbs withor without food. Optimize absorption of
Calcium with Vitamin D3 and
Magnesium.***> ADEQUATE CALCIUM &****VITAMIN D** throughout life, as part
of a well-balanced diet, may reduce the
risk of osteoporosis.**> SMALL 1 OZ SERVING**

is easier than swallowing tablets.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD
& DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

3 71401 38816 6

16 SERVINGS
1.5 FL OZ (45 mL)
CHOCOLATE