

60 mg Orchard Fruits™
& Garden Veggies™
powder blend per serving

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

**150 TABLETS - MULTIVITAMIN SUPPLEMENT**

Serving Size 1 Tablet		
Amount per Serving		% DV*
Total Carbohydrate:	<1 g	<1%
Vitamin A (as 50% beta-carotene, 1,350 mcg 50% [65 mcg] retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	180 mg	200%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha-tocopheryl succinate)	15 mg	100%
Vitamin K (as phytonadione)	150 mcg	125%
Thiamin (as thiamin mononitrate)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,778%
Folate	567 mcg FTE (400 mcg Folic Acid)	167%
Vitamin B12 (as methylcobalamin)	40 mcg	1,667%
Biotin	33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	11 mg	2%
Calcium (as calcium carbonate, (falcium phosphate)	130 mg	10%
Iron (as ferrous fumarate)	15 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	105 mg	25%
Zinc (as zinc oxide)	11 mg	100%
Selenium (as sodium selenate)	200 mcg	314%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	5.6 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, gelatin, glycerin, brown rice

©2023 Nature's Way Brands, LLC, Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / natureway.com