

Get the Most From Your Multi

Gelatin-free gummies with 16 vitamins and minerals



Full B-vitamin complex helps convert food to fuel*



Supports heart, bone, and brain health*



Provides daily immune support*

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

FREE FROM gluten, gelatin, dairy, wheat, peanut, and egg.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / [naturesway.com](https://www.naturesway.com)



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
way

Alive!

WOMEN'S 50+
MULTIVITAMIN GUMMY

**Supports Healthy Heart,
Brain & Bones***

Orchard Fruits™ & Garden Veggies™
Powder Blend (75 mg per 2 gummies)

WITH
**PLANT-
BASED
PECTIN**

Mixed Berry
Flavored

130 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 65

Amount per Serving % DV†

Calories	20	
Total Carbohydrate	5 g	2%‡
Total Sugars	4 g	**
Includes 4 g Added Sugars		8%‡
Vitamin A (as retinyl palmitate)	450 mcg	50%
Vitamin C (ascorbic acid)	30 mg	33%
Vitamin D3 (as cholecalciferol)	40 mcg	200%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
Thiamin (as thiamin HCl)	0.3 mg	25%
Riboflavin	0.33 mg	25%
Niacin (as niacinamide)	4 mg	25%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%
Folate (240 mcg Folic Acid)	400 mcg DFE	100%
Vitamin B12 (as cyanocobalamin)	4.8 mcg	200%
Biotin	30 mcg	100%

Amount per Serving % DV†

Pantothenic Acid (as D-calcium pantothenate)	1.3 mg	26%
Calcium (as tribasic calcium phosphate)	100 mg	8%
Phosphorus (as tribasic calcium phosphate)	45 mg	4%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	2.7 mg	25%
Sodium	15 mg	1%
Orchard Fruits™ & Garden Veggies™ Powder Blend	75 mg	**
Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Acai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach		
Lutein (from Aztec Marigold [flower] Extract)	300 mcg	**
Boron (as sodium borate)	150 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, citric acid, sodium citrate, natural flavors, vegetable and fruit juice colors, coconut oil, carnauba wax