



omega 3 fish oil

EPA 600mg | DHA 240mg

1200mg fish oil

cardiovascular[✓]

brain[✓] | eye[✓]

specialty
60 softgels
dietary supplement

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Vitamin E	19 IU	60%
(as d-alpha tocopheryl acetate)		
Fish Oil Concentrate	1200 mg	*
providing:		
EPA (Eicosapentaenoic Acid)	600 mg	
DHA (Docosahexaenoic Acid)	240 mg	

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

Contains: Fish (sardine, anchovy).

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Artificial Colors or Flavors.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) softgel daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

The FDA has reviewed the data and concluded that supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

Item No. VS-2393
Part No. 135662

1629161

