

Get the Most From Your Multi

Gelatin-free gummies with 15 vitamins and minerals



Full B-vitamin complex helps convert food to fuel*



Supports immune, heart and muscle function*

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

FREE FROM gluten, gelatin, dairy, wheat, peanut, and egg.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / [naturesway.com](https://www.naturesway.com)



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
way

Alive!

MEN'S GUMMY MULTIVITAMIN

Supports Energy Metabolism
& Muscle Function*

Orchard Fruits™ & Garden Veggies™
Powder Blend (100 mg per 2 gummies)

WITH
PLANT-
BASED
PECTIN

Fruit
Flavored

150 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Men chew 2 gummies daily. Not formulated for women or children. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies	
Servings per Container 75	
Amount per Serving	% DV†
Calories	20
Total Carbohydrate	5 g 2%†
Total Sugars	4 g **
Includes 4 g Added Sugars	8%†
Vitamin A (as retinyl palmitate)	900 mcg 100%
Vitamin C (ascorbic acid)	112.5 mg 125%
Vitamin D3 (as cholecalciferol)	20 mcg 100%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%
Thiamin (as thiamin HCl)	0.3 mg 25%
Riboflavin	0.325 mg 25%
Niacin (as niacinamide)	4 mg 25%
Vitamin B6 (as pyridoxine HCl)	4.3 mg 253%
Folate	400 mcg 100% (240 mcg Folic Acid)
Vitamin B12 (as cyanocobalamin)	6 mcg 250%

Amount per Serving	% DV†
Biotin	30 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	5 mg 100%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc citrate)	3.6 mg 33%
Selenium (as sodium selenite)	86.3 mcg 157%
Sodium	20 mg 1%
Orchard Fruits™ & Garden Veggies™ Powder Blend:	100 mg **
Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Acai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	
Lycopene	500 mcg **
Inositol	40 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: glucose syrup, sucrose, purified water, pectin, sodium citrate, citric acid, natural flavors, vegetable and fruit juice color, coconut oil, carnauba wax