

Warning: Do not take if you are pregnant or nursing. If you have a blood clotting issue, kidney disorder, hypercalcemia, hypercalciuria, or are taking any medications, consult a healthcare professional before use. Do not take with other vitamin D containing supplements.

Keep out of reach of children. Safety sealed within inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM yeast-derived ingredients, wheat, dairy, and artificial colors.

Aquamin® is a registered trademark of Marigot Limited.



◆ LG15838.C01 BLK8768C

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE / naturesway.com

TAKE YOUR ROUTINE TO THE NEXT LEVEL WITH ALIVE!®

Plant Source Calcium

Alive! Calcium is derived from *Lithothamnion* (calcified red algae seaweed sustainably harvested from pristine Icelandic waters).

Easy to Digest & Utilize

While many calcium supplements are sourced from limestone rock or animal bones, Alive! Calcium provides Aquamin® calcium that may be easier for the body to digest, absorb, and utilize.



Alive! multivitamins were created to give you the support you need to do all that is important to you! Get the most from your multi, with potent vitamins and minerals and our food-based blends, and live every day feeling Alive!

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60 TABLETS • DIETARY SUPPLEMENT



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Recommendation: Adults take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Not formulated for children. Do not exceed recommended dose.

Supplement Facts

Amount per Serving	% DV ¹
Serving Size 4 Tablets	
Servings per Container 15	
Amount per Serving	% DV¹
Calories 10	
Total Carbohydrate 2 g	1% ¹
Vitamin D3 (as cholecalciferol) 100 mcg	500%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant]) 1,200 mg	92%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant] and as magnesium citrate, oxide) 264 mg	63%
Sodium 30 mg	1%

Amount per Serving	% DV ¹
Greens Blend: Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	100 mg **
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Apracorus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	100 mg **
Strontium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	8 mg **
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	150 mcg **

Other ingredients: cellulose, stearic acid, citric acid, sodium croscarmellose, sodium bicarbonate, hypromellose, silica, glycerin
Contains soy.

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¹Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

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