Traditional Women's Health Support*

Vitex fruit, also known as chasteberry, is native to the Mediterranean.

Used for centuries for traditional monthly cycle support*

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Recommendation: Adults take 1 capsule two or three times daily for 8-12 weeks. Thereafter, take 1 capsule daily. Best results obtained with continuous use. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use

Supplement Facts

Serving Size 1 Capsule

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, silica

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, corn, soy, dairy, gelatin, or artificial colors or flavors.