

Supports regularity, reduces occasional constipation & promotes gut comfort*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.



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GLUTEN FREE. No soy, dairy, or artificial colors.

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LH10294.E01 BLK8831E



30 BILLION LIVE CULTURES

THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.



DAILY PROBIOTIC

ADULT



30 PROBIOTIC SUPPLEMENT
30 DELAYED-RELEASE CAPSULES

Wellness Starts with a Healthy Gut

Promotes healthy gut bacteria*

- Guarantees 30 billion live probiotic cultures through the date of expiration
- Formulated with 11 diverse probiotic strains
- Plant-derived, delayed release capsule survives stomach acid to distribute live cultures where they're needed most—in the intestine and colon
- Contains plant-based probiotic fiber, food for good bacteria*
- No refrigeration needed



Powerful Probiotics for Digestive Health and Gut Comfort*

- Promotes gut comfort with clinically studied probiotic strain *B. lactis* HN019™
- Supports digestive balance and immune health with clinically studied probiotic strains *L. rhamnosus* GG, *B. lactis* Bi-07®, and *B. lactis* BL-04™
- Reduces occasional gas and digestive discomfort*
- Contains the doctor-preferred probiotic for regularity††

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Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule	
Amount per Serving	% DV**
Fortify® Daily 30 Billion CFU	500 mg**
Proprietary Probiotic Blend:	
Lactobacilli Blend (21 Billion CFU):	
<i>Lactobacillus rhamnosus</i> GG; <i>L. casei</i> Lc-11®;	
HOWARU® <i>L. rhamnosus</i> HN001™; <i>L. acidophilus</i> La-14®;	
<i>L. paracasei</i> Lpc-37®; <i>L. plantarum</i> Lp-115®	
Bifidobacteria Blend (9 Billion CFU):	
<i>Bifidobacterium bifidum/lactis</i> Bb-02™; <i>B. lactis</i> BL-04®;	
HOWARU® <i>B. lactis</i> HN019™; <i>B. lactis</i> Bi-07®	
Chicory (root) Fiber	50 mg**
**Daily Value (DV) not established.	

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica



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30 BILLION LIVE CULTURES



DAILY PROBIOTIC
4 CLINICALLY STUDIED PROBIOTIC STRAINS

ADULT



WITH PLANT-BASED PROBIOTIC FIBER

CONTAINS THE DOCTOR-PREFERRED PROBIOTIC FOR REGULARITY††

PLUS
Supports regularity & reduces occasional constipation*

PROBIOTIC SUPPLEMENT
30 DELAYED-RELEASE CAPSULES

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HOWARU® <i>Lactobacillus rhamnosus</i> HN001™	
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†Based on an IDVA ProVoice survey of Primary Care Physicians, HOWARU® *B. lactis* HN019™ is the Doctor-preferred probiotic strain for Regularity as compared to other strains in leading Probiotic brands, 52-week sales MULO, ending 8/13/23; August 2023.*

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