

Once Daily

Nature's
way

Alive!

MEN'S 50+

COMPLETE MULTIVITAMIN

Orchard Fruits® & Garden Veggies™
Powder Blend (100 mg per serving)

50 TABLETS - MULTIVITAMIN SUPPLEMENT

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size: 1 Tablet	Amount per Serving	% DV**		
Vitamin A (as 70% (530 mcg) retinyl acetate, 30% (270 mcg) beta-carotene)	900 mcg	100%	Magnesium (as magnesium oxide)	150 mcg 25%
Vitamin C (as ascorbic acid)	180 mg	200%	Zinc (as zinc oxide)	19.2 mg 175%
Vitamin D3 (as cholecalciferol)	40 mcg	200%	Selenium (as sodium selenate)	96 mcg 175%
Vitamin E (as d-alpha tocopheryl acetate)	30 mg	200%	Copper (as copper sulfate)	0.9 mg 100%
Vitamin K (as phytonadione)	120 mcg	100%	Manganese (as manganese sulfate)	4.6 mg 200%
Thiamin (as thiamin mononitrate)	3.6 mg	300%	Molybdenum (as sodium molybdate)	45 mcg 100%
Riboflavin	2.6 mg	200%	Orchard Fruits® & Garden of Eatin'® Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Acai, Açaí,	

Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, hypromellose, stearic acid, polydextrose, titanium dioxide color, riboflavin color, medium chain triglycerides, magnesium stearate, silica

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	3.6 mg	300%
Riboflavin	2.6 mg	200%
Niacin (as niacinamide)	24 mg	150%
Vitamin B6 (as pyridoxine HCl)	5.1 mg	300%
Folate (240 mcg Folic Acid)	400 mcg (1,667%)	100%
Vitamin B12 (as cyanocobalamin)	600 mcg	300%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg	150%

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Supports Healthy Brain,
Eyes & Heart*

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Get The Most
From Your Multi

100% or more Daily Value
of 19 vitamins and minerals

- High potency zinc and vitamin D for immune health*
- High potency B-vitamin complex helps convert food to fuel*
- Supports heart, brain, muscle, and eye health*
- High potency antioxidant vitamins C, E, and selenium
- Balanced for men 50+ to support multiple body systems*

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FREE Out reach, wheat, and dairy

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