GLUTAPLEX brings you the next evolution of recovery supplement technology. It's no secret that glutamine is the most abundant amino acid in skeletal muscle, and research shows that glutamine levels in the body are depleted as much as 50% after intense exercise. Glutamine is the single most important amino acid used in cellular and muscular repair and protein synthesis. However, not all glutamine supplements are created equal. GLUTAPLEX utilizes a 3-phase recovery matrix, targeting all facets of cellular and muscular repair. GLUTAPLEX is loaded with glutamine peptides and Magnesium Glycl Glutamine™, proven to be absorbed 5x better than "free-form" L-glutamine. In addition, GLUTAPLEX has added a 2:1:1 ratio of Alinopure™ Instantized Branch Chain Amino Acids unanimously agreed as the highest-quality BCAA produced in the world. As if that wasn't enough GLUTAPLEX is fortified with a combination of electrolytes for immediate replenishment and Astragalus to support healthy immune function, GLUTAPLEX truly lives up to the billing as the only

truly complete repair/recovery product on the market today! Suggested Use: Mix 1-2 scoops with a protein drink or favorite liquid 1-2 times daily.

ADD TO THIS IF SO DESIRED.

Double sealed for your protection. Do not use if inner or outer seal is damaged or missing. To preserve quality and freshness keep bottle tightly closed, & store in a cool, dry place.

Warnings: KEEP OUT OF REACH OF CHILDREN. Always consult a physician prior to using any dietary supplement. Do not use or combine with other dietary supplements. Do not use if you have or are being treated for prostate hypertrophy or cancer, heart. liver, cardiovascular, kidney or thyroid disease, high blood pressure, low hdl, taking antidepressants, MAO inhibitors, prescription drugs or any over the counter prescription drugs containing ephedrine or pseudoephedrine. Do not exceed suggested serving. Do not use if pregnant or nursing. Discontinue use and contact your health care provider if you experience rapid heartbeat, dizziness, sever headache, shortness of breath, or similar symptoms. Protect from Heat, Light, and Moisture. Store at 15-30°C (59-86°F) Do not use if seal is broken. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Total Nutrition Holdings LLC





8g serving of glutamine peptides, Ajinopure™ IBCAA's and electrolytes*

Recovery and repair muscle tissue up to twice as fast*

> **Prevent delayed** muscle soreness*

Net Weight: 800 Grams

Supplement Facts

Serving Size: 8g

Servings Per Container: 100 servings

Amount Per Serving	Calories – 0	Calories from Fat - 0
Total Fat	0	+
Saturated Fat	0	+
Cholesterol	0	+
Sodium	0	+
Total Carbohydrates	0	+
Sugar	0	+
Dietary Fiber	0	+
Protein	Ó	+
CHITACOMPLEY	0	

Repair Complex Glutamine Peptide, Magnesium Glyd Glutamine™ L Taurine, N Acetyl Cysteine,

Replenish Complex:

Calcium Phosphate, Magnesium Gluconate, Potassium Bicarbonate, Sodium Chloride,

Recovery Complex Alinopure™ Instantized Branch Chain Amino Acids (2:1:1) L-Leucine, L-Isoleucine,

Additional Ingredients: Citric Acid, Natural & Artificial Vanilla Flavor, Sucralose

- * Percent Daily Values (DV) are based on a 2.000 calorie diet
- † Daily Value (DV) not established
- ** Magnesium Glycl Glutamine™ is covered by Albion Laboratories, Inc. U.S. Patent 5,888,553
- ***Ajinopure is a registered trademark of Ajinomoto Amino Science

www.nutracorenutrition.com

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