

**eclectic** HERB

755 NE 6th St., Gresham, OR 97030 503-668-4120



**eclectic**<sup>™</sup>  
HERB

**VALERIAN**  
*Promotes Sleep\**

*Valerian*

**1**  
FL OZ  

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30 ml

Dietary Supplement

HERBAL GLYCERITE

INGREDIENTS: Fresh wildcrafted Valerian root (*Valeriana officinalis*), kosher vegetable glycerin, filtered water. Fresh Herb Strength: 1:1 (1,000 mg/ml).

SUGGESTED USE: Shake well; Mix 15 drops in water; take at bedtime. Take additional 15 drops one hour later if needed. Use for 3 consecutive nights for best results.

WARNING: May cause drowsiness. Avoid driving or operating heavy machinery after use.

Store Upright. Keep out of reach of children. Discontinue use if unusual symptoms occur. Consult your health care advisor regarding the use of herbs during pregnancy, with infants or prescription drugs.

100% Kosher

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent diseases.

[eclecticherb.com](http://eclecticherb.com)

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