

Manufactured for:

**Ron Teeguarden's
Dragon Herbs**

Los Angeles, CA 90036



V033021

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lighten Up is a remarkable herbal blend designed to harmonize the body, mind, and spirit and to aid in balancing metabolic functions. Relaxing, energizing, soothing, uplifting...this is the perfect formula for those who need a special lift in their energy.*

www.dragonherbs.com (888) 55-TONIC (86642)

Ron Teeguarden's
Dragon Herbs

Lighten Up



Health
Deserves
Cultivation™

Dietary Supplement
100 Vegetarian Capsules, 500 mg each

Supplement Facts

Serving Size: 3 capsules
Servings Per Container: About 33

	Amount/ Serving
Proprietary Extract Formula:	1500 mg †
Bitter Orange fruit (Advantra-Z), Green Tea leaf, L-Theanine extract powder, Sacred Lotus Leaf, Carthamus flower, Senna leaf, Goji fruit, Red Atractylodes rhizome, White Peony root, Prepared He Shou Wu root, Gymnema leaf, Eleuthero root, White Atractylodes rhizome, Chinese Licorice root, Chinese Rhubarb rhizome, Gynostemma leaf extract powder (80% gypenosides).	

† Daily Value not established

Other ingredients: Pullulan polysaccharide**, rice powder, bamboo extract powder, rice extract blend.

Directions: Take 3 capsules, 2 times per day or as directed by a healthcare professional.

**Pullulan caps - 100% natural, water-soluble polysaccharide produced through a fermentation process; vegetable origin; non-GMO; no starch, preservatives or chemical modifications; gluten free.

Keep out of the reach of children.