

Whole Herbs for Peak Plant Power



Sustainable  
Naturally Concentrated  
100% Kosher

We blend whole valerian root with a pure 4:1 water extract concentrate for maximum bioavailability without any chemicals or harsh processing.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent disease.

eclectic™  
HERB



VALERIAN  
*Supports Relaxation  
& Sleep\**

90  
VEG CAPS  
425mg

Dietary Supplement

SMALL BATCH WHOLE HERBS

Supplement Facts  
Serving Size: 1 Veg Cap

	Amount Per Serving
Wildcrafted Whole Valerian Root ( <i>Valeriana officinalis</i> )	212.5 mg*
Concentrated Valerian 4:1 water extract	212.5 mg*

\*Daily value not established

Other Ingredients: Hypromellose (vegetarian capsule)  
Keep away from children. Consult your doctor about herbs with pregnancy, infants or prescription drugs.

SUGGESTED USE: Take 1 capsule at bedtime. Additional 1-2 capsules may be taken 1 hour later if needed. Use 2-3 consecutive nights for best results.

eclectic HERB

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Exp Date 00/00

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