



### MY GUARANTEE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits.\*



Jim Stoppani, PhD  
Owner - JYM Supplement Science

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**WARNINGS:** Do not use if you are under the age of 18, pregnant or nursing, have any known or suspected medical conditions, are taking any prescription or over the counter medications. Consult with a qualified healthcare professional before using this or any other dietary supplement. Discontinue two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.



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JYM  
SUPPLEMENT SCIENCE

# ALPHA

ADVANCED TESTOSTERONE OPTIMIZATION\*

1.2g  
ASHWAGANDHA  
AMOUNT PER DAY

1.2g  
FENUGREEK  
AMOUNT PER DAY

500mg  
SHILAJIT  
AMOUNT PER DAY

SUPPORTS NATURAL  
TESTOSTERONE PRODUCTION\*

SUPPORTS PHYSICAL PERFORMANCE\*

SUPPORTS HEALTHY MALE AGING  
& HORMONE BALANCE\*

240 CAPSULES | DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 60

	Per Serving (4 Capsules) Amount	% Daily Value	Per Day (8 Capsules) Amount	% Daily Value
Ashwagandha ( <i>Withania somnifera</i> ) Root Extract std. 1.5% Withanolides	600mg	†	1200mg	†
Fenugreek ( <i>Trigonella foenum-graecum</i> ) Seed Extract std. 50% Saponins	600mg	†	1200mg	†
Damiana ( <i>Turnera aphrodisiac</i> ) Leaf Powder	500mg	†	1000mg	†
Quercetin	250mg	†	500mg	†
Diindolylmethane (DIM)	250mg	†	500mg	†
Shilajit std. 20% Fulvic Acid	250mg	†	500mg	†
Tongkat ali ( <i>Eurycoma longifolia</i> ) Root 20:1 Extract	150mg	†	300mg	†
Dehydroepiandrosterone (DHEA)	25mg	†	50mg	†
Boron (from Boron Citrate)	5mg	†	10mg	†

† Daily Value not established

**OTHER INGREDIENTS:** Gelatin, Silicon Dioxide, Magnesium Stearate, Microcrystalline Cellulose.

### DISTRIBUTED BY:

PNO Fitness, 31238 Via Colinas, Suite A-3,  
Westlake Village, CA 91362 USA 1-888-557-7774

Made in the USA with domestic and international ingredients.

**DIRECTIONS:** Take one serving [4 capsules] with a meal twice a day. On non-training days take one serving in the morning and one serving at night. On training days, take one serving about an hour before workouts and take one serving in the morning or at night, depending on when you train.

Store in a cool dry place. Protect from heat, light, and moisture.

Do not purchase if the seal is missing or broken.

Produced in a facility that also processes SOY, FISH, SHELLFISH, MILK, PEANUTS, TREE NUTS, WHEAT, EGGS, and SESAME.