

**Only nature can provide
this vital substance**

Daily supplementation of natural ionic plant derived humic assists with every biological bodily process, from support for normal healthy heart and cognitive function, to normal bone building and balanced hormone activity.

Humic feeds and strengthens good flora to maintain proper balance in the gut, providing an essential connection to a powerful digestive microbiome. The polysaccharide content of Humic helps your good gut flora thrive. And pre-biotics have maximum benefit when coming from a fresh-water plant source, like Humic Minerals.

Humic's unsurpassed absorption and vital interaction with molecules in the body, such as proteins, enzymes, and lipids, can prevent binding of biofilm to cells. Humic goes to work in the gut, extracting nutrients from food and assisting already normal detoxification, reducing oxidative stress, and helping proper elimination and regularity.

- **Naturally earthy tasting**
- **Alkaline pH of 8.6 to 9.6**
- **Higher quality, fresh water source**

- Promotes digestive well-being to help seal gaps between intestinal cells*
- Supports the normal healing of bones, muscles, and nerves*
- Augments balanced hormone function, and metabolic reactions*
- Assists with normal blood oxygenation*
- Provides support for cell protection against free radicals*
- Assists the body's conversion of sugar into energy*

Humic is also known as lignite, and has characteristics similar to shilajit. Our natural processing using nothing but purified water is also key. Chemically processed humic and colloids offer minimal benefit.

Humic Minerals are a rich dark color, but you'll find it has almost no taste when diluted in a small amount of water. (Dilution does not diminish the effectiveness).



Vital Earth
MINERALS™

Humic Minerals

**Humic assists with every biological function
in the body; normal healing, cellular energy,
digestive balance, and bowel regularity**

- Superior polysaccharide pre-biotic*
- Effective for normal daily regularity*
- Support for normal healthy gut flora*
- Supports normal strong immune function*
- Key to normal healing responses of cells*
- Stimulates the body's ability to detoxify tissues*
- Whole food plant based ionic source*

No added sugar, soy, dairy, yeast, gluten, artificial coloring, flavoring, or GMO's. Gently processed without heat, pressure extrusion, or chemicals of any kind.

Naturally mild tasting No flavoring necessary

Whole Food Based Mineral Dietary Supplement

30 Day Supply • 32 fl. oz. (1 Quart) 946 ml

Plant
Based

Vegan

Keto
Friendly

Paleo
Friendly

Directions: Adults: 1 fluid ounce, 1-3 times daily, as needed. (Bottle cap is a one ounce measure). Can be taken straight from the bottle, or added to non-chlorinated water, juice, or other Vital-Earth liquid products. Take with food for best absorption. If health challenge exists introduce at 1/4 dosage to allow the body to adjust slowly. Build up slowly to full dosage.

Refrigeration is not essential, but is beneficial to protect the naturally occurring trace enzymes. **Shake well.**

Since our products do not spoil like a food item, we list the Manufacture Date, to show freshness, instead of an Expiration Date. See Manufacture date below.

Supplement Facts

Serving Size: 1 fl.oz. (30 ml)
Servings Per Container 32

	Amount Per Serving	% Daily Value*
Humic Acid (from vegetal bio-mass humate/lignite)	250 mg.	+
+ Daily Value not established		

Other Ingredients: Purified Reverse Osmosis De-Ionized Carbon Filtered Water

Unformulated and in the ratios naturally presented within the original humate/lignite source

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Residents Only

WARNING: Reproductive Harm-
www.P65Warnings.ca.gov

Humic Minerals



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Precautions: Use only as directed. If you are pregnant, nursing or have a serious medical condition, consult a health professional before use. Keep out of reach of children.

Proudly Made In The USA

Label Rev. 13 Jan 2023