

Directions: Adults: Take two (2) vegecaps daily as a dietary supplement or as directed by your healthcare professional. Free of: milk, egg, fish, shellfish, tree nuts, wheat, peanuts, sesame and soybeans. **NON-GMO, GLUTEN FREE, SOY FREE**

Caution: Before using any dietary supplement, pregnant or lactating women should consult with a physician or health professional.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Health Thru Nutrition® is a registered trademark of EPIC. Manufactured in a cGMP Compliant U.S.A. Facility.

Manufactured for: Health Thru Nutrition

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HTN0111 R1122



Supplement Facts

Serving Size: 2 Vegecaps

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Vitamin B1 (as thiamine mononitrate)	30 mg	2,500%
Vitamin B2 (as riboflavin)	34 mg	2,616%
Vitamin B3 (as niacinamide)	50 mg	30%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,176%
Folate (800 mcg folic acid)	1,360 mcg DFE	94%
Vitamin B12 (as cyanocobalamin)	250 mcg	10,417%
Biotin	300 mcg	1,000%
Vitamin B5 (as calcium d-panthothenate)	50 mg	1,000%
Choline (as 1,350 mg bitartrate)	550 mg	100%

*Percent of Daily Value for Adults and Children 4 or more years of age.

Other Ingredients: Hypromellose, dicalcium phosphate, silicon dioxide, L-Leucine, rice concentrate and spearmint oil.