## Stemming from nature. Rooted in science.







holy basil

hops flower

valerian root

Do not use if seal is cut or broken. Store at room temperature. Avoid excessive heat. Close cap tightly after use. If you are pregnant or breast-feeding, please check with your healthcare professional before use. If you are taking any medications or have any medical condition, consult with a healthcare professional before use. Not for children.

\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



AUUSPUGISS

Stem & Root Melatonin Free Sleep Support New

## melatonin free sleep support

helps relieve stress so you can wind down to fall asleep faster and stay asleep longer

> STEM & ROOT

30 CAPSULES | AGES 12+
DIETARY SUPPLEMENT

**Directions:** Take 1 Capsule 30 minutes before bedtime. Best when taken with at least 6oz. of water. Store in a cool dry place. Keep out of reach of children.

## Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 30

	Amount per serving
Valerian Root Extract (on Maltodextrin)	500 mg**
Holy Basil (Aerial part) Extract	250 mg"
Hops Flower Extract	120 mg"
"Daily Value not established	73.

Other Ingredients: Capsule (Hydroxypropyl Methylcellulose), Gum Fiber Blend [Guar Gum, Gum Arabic, Agave Fiber, Rice Hulls, Agave Syrup]

Distributed by Maty's Healthy Products, LLC. Boulder, CO 80301 Questions? 888-900-6289

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