

WE CURATE OUR
INGREDIENTS FROM MOTHER
NATURE'S CUPBOARD



Psyllium
Senna Leaf
Plum

whole food
LAXATIVE SUPPORT†

† These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

MATY'S[®] CONSTIPATION RELIEF[†]



FOR OCCASIONAL USE
Senna Leaf
**NATURALLY PROMOTES
A BOWEL MOVEMENT†**

20 capsules
DIETARY SUPPLEMENT

12+

Suggested Use: For occasional use.
Take 2 capsules with 8 ounces of
water, preferably at bedtime, to
relieve symptoms. May take 6 to 12
hours to produce a bowel movement.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 10

Amount per serving	
Psyllium Husk	498mg*
Senna Leaf Extract (standardized to 8% sennosides)	212.5mg*
Plum Fruit	32mg*

*Daily Value not established.

Other Ingredients: Rice Extract Blend (Rice Bran
Extract, Rice Hulls, Gum Arabic, Sunflower Oil),
Capsules (Hypromellose)

Distributed By Maty's Healthy Products, LLC.
Boulder, CO 80301
888-900-6289 • matys.com

NOTICE: Do not use this product if you
have abdominal pain or diarrhea. Consult a
healthcare provider prior to use if you are
pregnant or nursing a baby. Discontinue
use in the event of diarrhea or watery
stools. Do not exceed recommended dose.
Not for long-term use. Store in a cool, dry
place. Keep out of reach of children.

As with any dietary supplement, contact a
healthcare professional if you are taking
any medications or have any medical
condition. If you experience an adverse
event, discontinue use and consult a
healthcare professional.

Our all natural ingredients may be harvested or
mined and then purified.

Contains no artificial preservatives, color additives,
sweeteners, soy or wheat. This product is produced
in a shared facility.



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