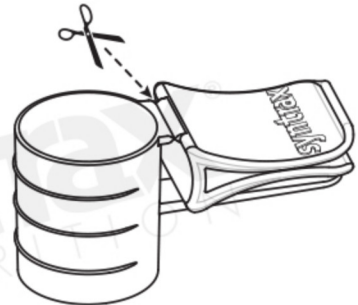


WHEY SHAKE

To use the detachable, reusable clip included in every bag of Whey Shake, follow the instructions below:

1. Cut off the clip with scissors or snap off by pulling the clip straight up.



2. Fold bag over at least twice and slide clip on the top for a tight lock.



Pro Tip: Clip is reusable for other products such as cereal, snacks, etc.



syntrax® WHEY SHAKE

THE GOLD STANDARD

PROTEIN	SUGAR	FAT	SODIUM
23 GRAMS	3 GRAMS	2 GRAMS	125 MILLIGRAMS

COOKIES & CREAM SHAKE

NATURALLY & ARTIFICIALLY FLAVORED

Free of Fillers...No Taurine,
Glycine or Maltodextrin

Mixes Instantly

Kosher & Halal

Contains No Artificial Colors

Best-Tasting Protein in Water or Milk

NET WT:
5lb (2.27kg)

WHEY SHAKE



Every Whey Shake contains a FreshShield™ sachet which removes all oxygen inside the package leaving only inert gases, such as nitrogen. Without oxygen, these inert gases envelop and protect the delicate protein powder and flavoring molecules from oxidation, rancidity, and bacterial growth. Our proteins are unique in their ability to have the same quality and taste from the day of manufacturing to the “best by” date.

syntrax® WHEY SHAKE

THE GOLD STANDARD
COOKIES & CREAM SHAKE

Whey Shake is the critically acclaimed protein powder that scores top honors for highest quality and best taste. To produce such a distinguished product, we had to use the very best and most refined ingredients, such as Promina™ whey protein. Cold filtered and undenatured, Promina™ whey proteins are painstakingly tested for consistency, flavor, protein content, and mixability. To this clean tasting, delicious protein base, we added glutamine peptides and the best extracts and flavors the world has to offer. The result is a product of the highest quality...a product with consistently correct protein levels, consistently superior mixability and consistently incredible taste.

The painstaking quality control and attention to detail that goes into Whey Shake ensures it will vastly outperform every other protein powder on the market. From deliciousness and mixability, to overall health benefits, to exercise performance and muscle growth, Whey Shake is guaranteed to be the unbeatable gold standard.

Nutrition Facts

65 servings per container

Serving size 1 Level Scoop (35g)

Amount Per Serving
Calories 140

% Daily Value*

Total Fat 2g 2%*

Saturated Fat 1g 4%*

Trans Fat 0g

Cholesterol 40mg 13%*

Sodium 125mg 5%*

Total Carbohydrate 6g 2%*

Dietary Fiber 1g 4%*

Total Sugars 3g

Includes 1g Added Sugars 2%*

Protein 23g

Vitamin D 0.2mcg 2%

Calcium 120mg 10%

Iron 0.8mg 4%

Potassium 150mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Important Amino Acids Per 100 Grams Of Protein

Arginine* 2.1g

Glutamine/Glutamic Acid* 20.1g

Histidine* 2.2g

Isoleucine* 5.7g

Leucine* 10.5g

Lysine* 9.0g

Methionine* 1.9g

Phenylalanine* 3.5g

Threonine* 6.9g

Tryptophan* 2.1g

Valine* 5.7g

* Essential Amino Acids

* Branched-Chain Amino Acids

* Important Nonessential Amino Acids

INGREDIENTS: Whey protein concentrate*, glutamine peptides, chocolate cookie pieces (enriched flour [wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], sugar, high oleic safflower oil, cocoa [processed with alkali], salt, sodium bicarbonate, chocolate [sugar, chocolate liquor, cocoa butter, anhydrous milk fat, lecithin, vanilla], lecithin, vanillin), natural and artificial flavors, lecithin, salt, acesulfame-K, sucralose.

CONTAINS: Milk, Wheat, Soy. Produced in a facility that uses peanut products.

* Ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.

SUGGESTED USE: Based on taste preference, vigorously mix one scoop of Whey Shake per 6–10 oz of water or milk for 30–60 seconds. For those with lower protein needs, one half scoop may be consumed with 3–5 oz of water or milk. Note the extra calories when combined with milk. Consume Whey Shake two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Whey Shake mixes instantly with a spoon and tastes great...**GUARANTEED!**

Notice: Use this product as a food supplement only. Do not use for weight reduction.

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