	Amount	Per Serving	%Daily	Valu
5	Calories	20		
i	Calories from Fat	0		
Š	Total Fat	0 g		0%
	Total Carbohydrate	2 g		1%
	Creatine Monohydrate	2,500 mg		
	*Percent Daily Values are based on a 2,000 calorie diet.			

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value not established.

Other ingredients: Water, Glycerine, Copovidone, Cellulose Gel, Natural and Artificial Flavors, Soy Lecithin, Polyvinylpyrrolidone, Methylparaben, Sucralean® brand sucralose, Propylparaben, Sodium Hydroxide.

Allergen information: Contains soy (as soy lecithin).

Allergen Warning: Manufactured in a facility that processes milk, soy, wheat, tree nuts and peanut.



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RECOMMENDED USE: Shake well prior to use. Dispense 10 mL (1 full Delivery Detonator™) of CREATINE PLASMA™ into mouth and swallow. CREATINE PLASMA™ can be stacked with POWER SHOCK™, PROTEIN RUSH® and MELTDOWN FAT INCINERATOR™.

[†]Creatine is the single most scientifically studied supplement in history. Why is it so important? The cells in the human body store their energy in the form of a molecule called ATP. Creatine enhances physical performance by increasing the number of times that ATP can be recycled during physical exercise. Supplementation with creatine monohydrate can increase gains in strength and muscle attained through resistance exercise training. Furthermore, creatine has been shown to improve muscle recovery and brain function. Share your experience with VPX CREATINE PLASMA™ and all the other great VPX products with users like you on our forums at vpxsports.com.

Reference: Buford TW, Kreider RB, et al. International Society of Sports Nutrition position stand: creatine supplementation and exercise. J Int Soc Sports Nutr 2007:4:6

'These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, or prevent any disease.







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