

Directions: As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place

Bluebonnet's Targeted Choice JustBreathe® Vegetable Capsules are specially formulated to help support the body through seasonal changes with a complementary blend of immune-protective nutrients and sustainably sourced herbal extracts for optimal respiratory, sinus and immune support.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, sodium and sugar.

Minerals are in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Targeted Choice JustBreathe® is a trademark of Bluebonnet Nutrition Corporation.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Caution: Do not use this product if you are pregnant, trying to conceive or breastfeeding. If you have a medical condition or taking prescription medication, consult your physician before use. Do not use two weeks prior and following surgery. Keep out of reach of children.

Bluebonnet

JUST BREATHE®

TARGETED CHOICE

Seasonal Support
Whole Food-Based
Formula♦



Dietary Supplement
60 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (as L-ascorbic acid)	250 mg	278%
Zinc (as zinc bisglycinate)	22 mg	200%
Quercetin	500 mg	*
Stinging Nettle Leaf Extract (<i>Urtica dioica</i> L., 4:1 extract)	300 mg	*
NAC (N-acetyl-cysteine)	200 mg	*
Cordyceps Mycelium Extract (<i>Cordyceps sinensis</i>)	150 mg	*
Bromelain (pineapple)	50 mg	*
Schisandra Berry Extract (<i>Schisandra chinensis</i>)	50 mg	*
Turmeric Root Extract (<i>Curcuma longa</i> L.)	50 mg	*

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by
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