

Shake well

**Bluebonnet's Liquid Calcium Magnesium Citrate & Vitamin D<sub>3</sub>** is formulated with calcium in a chelate of calcium citrate, as well as magnesium in a chelate of magnesium citrate and magnesium aspartate in a delicious strawberry flavor. This formula also contains vitamin D<sub>3</sub> (cholecalciferol) from lanolin for strong, healthy bones. ♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame. Also free of gluten, barley, rice and sodium. Minerals are shown in their elemental value. KOF-K Certification #0003138. Made in USA from domestic and imported ingredients.



Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Bluebonnet**

**LIQUID**  
**Calcium** Milk-Free  
**Magnesium Citrate & Vitamin D<sub>3</sub>**

**BONE HEALTH** ♦



**STRAWBERRY FLAVOR**



**Directions:** As a dietary supplement, take one tablespoon (15 mL) daily or as directed by a healthcare practitioner. **Shake well before serving. Store tightly closed and refrigerate after opening.**

<b>Supplement Facts</b>		
Serving Size 1 Tablespoon (15 mL)		
Servings Per Container 32		
Amount Per Serving		% Daily Value
Calories	20	
Total Carbohydrate	2 g	1%**
Total Sugars (as fructose)	1 g	*
Includes 1 g added sugars		2%**
Vitamin D (as cholecalciferol)	10 mcg	50%
Calcium (as citrate)	600 mg	46%
Magnesium (as citrate, aspartate)	300 mg	71%

\*\*Percent Daily Value based on a 2,000 calorie diet.  
 \*Daily Value not established.

Other ingredients: Purified water, fructose, citric acid, natural strawberry flavor, xanthan gum, potassium sorbate (to protect freshness), carrageenan.

Manufactured for **Bluebonnet Nutrition Corporation**  
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 bluebonnetnutrition.com



**DIETARY SUPPLEMENT • 16 FL OZ (473 mL)**