

Suggested Use: Adults take one (1) capsule with a full glass of water, thirty (30) minutes before bedtime.

Does NOT contain GMOs, soy, gluten, dairy, eggs, fish, shellfish, tree nuts, peanuts or preservatives.

Caution: Keep out of reach of children. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before using this product. **Avoid driving or performing other potentially dangerous tasks while using this product.** Do not use for more than 14 days consecutively. Store in a cool, dry place. Do not use if safety seal under the cap is broken or missing.

Aquamin® is a registered trademark of Marigot Limited.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PROUD SUPPORTER



NO COLORING,
PRESERVATIVES
OR FLAVORING



NO GMOs



NO SOY



NO GLUTEN



VEGAN
FRIENDLY

NATURELO®
PREMIUM SUPPLEMENTS

SLEEP FORMULA

WITH 6mg MELATONIN

60
VEGETARIAN
CAPSULES

DIETARY SUPPLEMENT

SLEEP AID WITH NATURAL VALERIAN,
CHAMOMILE, & LEMON BALM*
FOR OCCASIONAL SLEEP SUPPORT*



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		%DV
Magnesium (as Aquamin® Magnesium from Seawater)	10 mg	2%
Valerian Extract (Root)	125 mg	**
Chamomile Extract (Flower)	125 mg	**
Lemon Balm Extract (Aerial)	100 mg	**
Hops Extract (Flower)	100 mg	**
GABA (gamma-Aminobutyric Acid)	100 mg	**
5-HTP (5-Hydroxytryptophan)	100 mg	**
Passionflower Extract (Flower)	25 mg	**
Melatonin	6 mg	**

**Daily Value not established

Other Ingredients: Hypromellose (Vegetarian Capsule), Plant-based Maltodextrin.

Formulated and distributed by:
NATURELO Premium Supplements
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▶ Best Before: See date on bottom.



SLEEP-60-U-2110