FOR PRACTITIONER DISPENSING ONLY EACH TABLET CONTAINS: 200mg Theanine 1077mg Magnesium glycinate 150mg

922ma

77.6mg 1000mg



Total Glycine Vegan Friendly.

Glycine

contains Glycine



Mag Theanine

Calms the Mind and Supports Healthy Sleeping Patterns

60 FILM COATED TABLETS



KEEP OUT OF REACH OF CHILDREN

Adult dose: Adults only. Take 1 tablet twice daily or as recommended by your registered healthcare practitioner.

Indications: Theanine calms the mind, relieves symptoms of stress and

supports healthy sleeping patterns. Magnesium supports nervous system health.

Warning: Large tablet. Swallow with a glass of water. Not recommended for use by prequant and lactating women. If symptoms persist, talk to

your health professional. Mineral supplements should not replace a balanced diet.

Do not use if tamper evidence seal is broken. Bottle sealed under cap for your safety.

Store below 30°C in a cool, dry place away from direct sunlight.

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EXP



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