

Directions: As a dietary supplement, adults take one (1) softgel daily, or as directed by a health care professional.

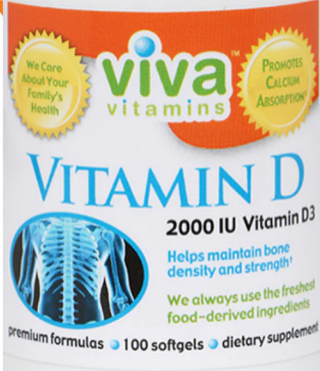
The role of Vitamin D in helping to maintain bone density and strength is clear. It is required for the process of moving calcium through the intestinal wall into the bloodstream. Even though the human body can manufacture Vitamin D under ideal circumstances, there is strong evidence that much of the American population suffers from a deficiency of the nutrient. This means that supplementation may be important. Cholecalciferol (D3) is a natural, highly bioavailable form of Vitamin D derived from lanolin.†

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place and away from direct light. Do not refrigerate. Please recycle.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

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We Care About Your Family's Health

PROMOTES CALCIUM ABSORPTION


VITAMIN D

2000 IU Vitamin D3

Helps maintain bone density and strength†

We always use the freshest food-derived ingredients

premium formulas • 100 softgels • dietary supplement



Supplement Facts

Servings Per Container: 100

Serving Size: 1 Softgel

	Amount Per Serving	%DV*
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%

* Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Softgel (gelatin, glycerin and water), soybean oil.

Contains Soy.

FREE of: Sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

