

Directions: Take one softgel daily, preferably with a meal, or as directed by your health care professional.

Vitamin D is an essential nutrient involved in the maintenance of bone density and a healthy immune response. Vitamin D is essential for moving calcium through the intestinal wall into the bloodstream. There is strong evidence that points to deficiencies of Vitamin D in the American population.†

Store in a cool, dry place, away from direct light. Keep out of reach of children. Do not use if safety seal under cap is broken or missing.

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

viva[™]
vitamins

VITAMIN D



400 IU Vitamin D3

Helps maintain bone density and strength†

We always use the highest quality ingredients

premium formulas • 120 softgels • dietary supplement

Supplement Facts

Servings per container: 120

Serving Size: 1 softgel

| Amount Per Serving | | % DV* |
|-------------------------------------|-----------------|-------|
| Vitamin D-3 (as cholecalciferol) | 10 mcg (400 IU) | 50% |

*% DV based on a 2,000 calorie diet.

Other Ingredients: Soybean oil, gelatin, purified water, safflower oil.

FREE of: Gluten, sugar, salt, starch, yeast, wheat, lactose, milk, citrus, egg, fish, artificial coloring, flavoring, or preservatives.

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Manufactured in an NSF - GMP Certified Facility