

Other Ingredients: Croscarmellose, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin).

Directions: As a dietary supplement, take two tablets on an empty stomach before bedtime.

From time to time most people have difficulty falling and/or staying asleep. Sleep-Eze™ contains a blend of herbs, melatonin, theanine and magnesium to help promote relaxation, support the body's own sleep cycle, and simply help you fall and stay asleep for a good night's rest.†

Contains No: Gluten, sugar, salt, milk, soy, yeast, wheat, lactose, milk, citrus, egg, fish products, artificial coloring, flavoring, or preservatives.

Store in a cool, dry place and away from direct light.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

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25908 McBean Pkwy, Valencia, CA 91355

for more information visit www.vivavitamins.com

MADE IN THE USA • In God We Trust • Non-GMO

Manufactured in an NSF - GMP Certified Facility



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SLEEP-EZE™



All-Natural Sleep Aid with Melatonin & Theanine

Naturally supports the body's own sleep cycle†

We always use the freshest food-derived ingredients

premium formulas

60 tablets

dietary supplement

Supplement Facts

Serving Size: 2 Tablets

Servings per container: 30

	Amount Per Serving	% DV**
Calcium (as dicalcium phosphate)	119 mg	12%
Phosphorus (as dicalcium phosphate)	92 mg	9%
Magnesium (as magnesium oxide)	200 mg	50%
Melatonin	3 mg	*
Valerian root extract (<i>Valeriana officinalis</i>) [standardized for 0.8% valerenic acids (4 mg)]	500 mg	*
GABA (gamma aminobutyric acid)	250 mg	*
Passion flower extract (<i>Passiflora incarnata</i>) (aerial parts) [Standardized for 3.5% flavonoids as isovitexin (4 mg)] [Equivalent to 250 mg of a 1.6% Extract]	114 mg	*
Hops powder (<i>Humulus lupulus</i>) (strobiles)	100 mg	*
Baical Scullcap root extract 8:1 (<i>Scutellaria lateriflora</i> L.) [Equivalent to 250 mg of a 4:1 extract]	125 mg	*
5-HTP (L-5-hydroxy-tryptophan) (<i>Gryffonia simplicifolia</i>) (seed)	50 mg	*
L-Theanine	200 mg	*

*Daily Value not established. **% DV based on a 2,000 calorie diet.

Best if used by: