



Please read entire label before use.

Suggested Use: USE ON TRAINING DAYS ONLY. Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 6-8 ounces of cold water or beverage, or as suggested by a qualified healthcare practitioner.

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not take for more than eight (8) consecutive weeks. This product should not be taken by pregnant or lactating women. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, or thinking about becoming pregnant. **KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.**

Caffeine warning: The recommended serving of this product contains approximately as much caffeine as three cups of coffee. Do not consume caffeine, or combine with synephrine, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. Discontinue use if you experience dizziness, severe headache, rapid heartbeat or shortness of breath.

Caution: ROCKET™ contains the B vitamin niacin. Niacin may cause temporary flushing, tingling, skin reddening, and sensations of heat, especially if taken on an empty stomach. This is a common reaction.

Manufactured for and Distributed by:

PRO-NUTRA

Fort Lauderdale, FL 33301

To report an adverse event or for more information please call:
954.513.4530 - www.pronutra.net

*When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party in vivo and / or in vitro model scientific research data findings for individual ingredients.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

PRO-NUTRA

ROCKET™

EXTREME CALORIE BURNING POWDER†

May promote:
WEIGHT LOSS†**

METABOLIC ENHANCEMENT††

ENERGY & PERFORMANCE††

PRE-WORKOUT

DIETARY SUPPLEMENT
NET WT 5.29 OZ (150 GRAMS)

BERRY BLAST

Natural and Artificial Flavors

Supplement Facts

Serving Size: 1 Scoop (5 grams), Servings Per Bottle: 30. **Amount Per Serving:** Vitamin D3 (as cholecalciferol) 2,400 IU (600% DV), Niacin (as nicotinic acid) 30 mg (150% DV), **CALORIE BURNING AND ENERGY MATRIX (Proprietary)** 2,100 mg, Safflower Oil (seed) (**DV), Coconut Oil (fruit) (**DV), Avocado Oil (fruit) [providing Conjugated Linolenic Acid] (**DV), Carnitine (as L-carnitine tartrate) (**DV), *Indigofera dupuisii* (aerial) (**DV), Caffeine (as caffeine anhydrous) (**DV), Garcinia (*Garcinia cambogia*) (fruit) [providing Hydroxycitric Acid (HCA)] (**DV), Nandina (*Nandina domestica*) (fruit) (**DV), Yohimbe (*Pausinystalia yohimbe*) (bark) (**DV).

**Daily Value (DV) not established.

Other Ingredients: Maltodextrin, citric acid, natural and artificial flavors, malic acid, sucralose, acesulfame-K, and FD&C Red No. 40.

Contains tree nuts (coconut).