

Directions: Take one or more tablets daily as a dietary supplement.

Viva Complete E 200 contains only 100% natural vitamin E, a major antioxidant and the primary defense against lipid peroxidation and helps protect cells from free radical/oxidative damage. Complete E also contains a unique spectrum of supporting antioxidants like Grape Seed Extract, Co-enzyme Q10 and an array of free-radical fighting carotenoids.†

Store in a cool, dry place. Do not refrigerate. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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MADE IN THE USA • In God We Trust • Non-GMO
Manufactured in an NSF - GMP Certified Facility

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!



vivaTM
vitamins

COMPLETE E•200



Dry, water dispersable
vitamin E with a spectrum
of supporting antioxidants†

We always use the highest
quality ingredients

premium formulas • 210 tablets • dietary supplement

Supplement Facts

Servings Per Container: 210

Serving Size: 1 Tablet

	Amount Per Serving	%DV
Vitamin E (as d-Alpha Tocopheryl Succinate, Mixed Tocopherols)	180 mg (200 IU)	1,200%
Selenium (as L-Selenomethionine)	13 mcg	24%
Manganese (as Gluconate)	1 mg	43%
Proprietary Carotenoid Complex Beta Carotene, D. Salina (mixed carotenoids)	6,000 mcg	*
Viva Antioxidant Blend Grape Seed Extract, CoQ10, Lycopene, Lutein, Alpha Lipoic Acid	5,800 mcg	*

* %Daily Value (DV) has not been established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, clear aqueous coating.

FREE of: Sugar, salt, starch, yeast, corn, wheat, lactose, gluten, milk, egg, fish products, artificial coloring, flavoring, or preservatives.