Directions: As a dietary supplement, take two capsules 30 minutes before breakfast and another two capsules 30 minutes before lunch. If you prefer, you may take 2 capsules 30 minutes before supper in place of breakfast or lunch. Take with 8 ounces of water.

Viva Carb-Arrest is the ultimate dietary supplement for helping to reduce the absorption of unwanted, excess calories from dietary starch and fat. In addition, Carb-Arrest may help reduce appetite. Carb-Arrest may assist in weight control when used in conjunction with a sensible diet and exercise program.1

Store in a cool, dry place. Do not refrigerate. Please recycle. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

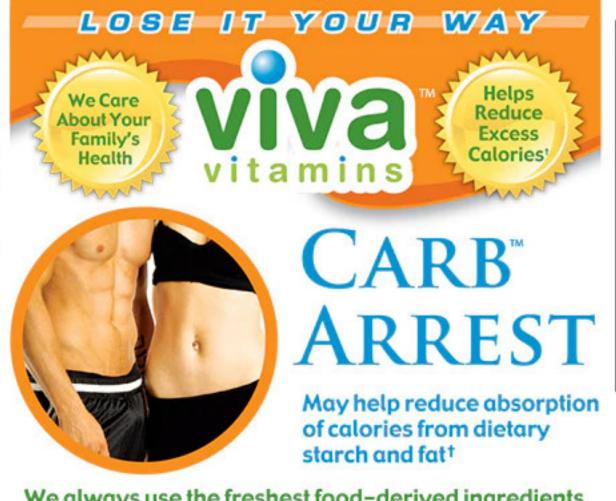
© 2017 Manufactured exclusively for Viva Vitamins™ 25908 McBean Pkwy, Valencia, CA 91355 for more information visit www.vivavitamins.com

MADE IN THE USA • In God We Trust • Non-GMO

Manufactured in an NSF - GMP Certified Facility



Best if used by:



We always use the freshest food-derived ingredients fitness formulas <a> 120 veggie caps <a> dietary supplement

Supplement Fac	ets	
Serving Size: 4 Veggie Caps	Servings Per Conta	ainer: 30
Am	nount Per Serving	% DV
Kidney bean extract (Phase 2® white kidney bean extra (Phaseolus vulgaris L., dried b	1000 mg (ct) (ean)	t
Gymnema sylvestre extract (leaf) [standardized for 25% gymnemic a) 500 mg cid (125 mg)]	t
Citrin® Garcinia cambogia extract (fruits) [Standardized for 50% (-) hydroxycitric acid (250 mg)]	500 mg	†

Other Ingredients: Vegetable cellulose.

Chitosan (90% deacetylated chitin)

Citrin® is a registered trademark of Sabinsa Corporation.

* % Daily Value (DV) has not been established.

Phase 29 is a trademarked material of Pharmachem Laboratories, Inc.

Contains: Crustacean shellfish (lobster, crab, shrimp).

Contains No: Gluten, sugar, salt, starch, corn, wheat, lactose, citrus, milk, egg, artificial coloring, flavoring, or preservatives.

500 mg