

Directions: As a dietary supplement, take two capsules 30 minutes before breakfast and another two capsules 30 minutes before lunch. If you prefer, you may take 2 capsules 30 minutes before supper in place of breakfast or lunch. Take with 8 ounces of water.

Viva Carb-Arrest is the ultimate dietary supplement for helping to reduce the absorption of unwanted, excess calories from dietary starch and fat. In addition, Carb-Arrest may help reduce appetite. Carb-Arrest may assist in weight control when used in conjunction with a sensible diet and exercise program.[†]

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

[†] These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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for more information visit www.vivavitamins.com

MADE IN THE USA • In God We Trust • Non-GMO

Manufactured in an NSF - GMP Certified Facility



Best if used by:

LOSE IT YOUR WAY

We Care
About Your
Family's
Health

viva[™]
vitamins

Helps
Reduce
Excess
Calories!



CARB[™]
ARREST

**May help reduce absorption
of calories from dietary
starch and fat[†]**

We always use the freshest food-derived ingredients
fitness formulas • 120 veggie caps • dietary supplement

Supplement Facts

Serving Size: 4 Veggie Caps

Servings Per Container: 30

	Amount Per Serving	% DV
Kidney bean extract (Phase 2 [®] white kidney bean extract) (<i>Phaseolus vulgaris</i> L., dried bean)	1000 mg	†
<i>Gymnema sylvestre</i> extract (leaf) [standardized for 25% gymnemic acid (125 mg)]	500 mg	†
Citrin [®] <i>Garcinia cambogia</i> extract (fruits) [Standardized for 50% (-) hydroxycitric acid (250 mg)]	500 mg	†
Chitosan (90% deacetylated chitin)	500 mg	†

* % Daily Value (DV) has not been established.

Other Ingredients: Vegetable cellulose.

Citrin[®] is a registered trademark of Sabinsa Corporation.

Phase 2[®] is a trademarked material of Pharmachem Laboratories, Inc.

Contains: Crustacean shellfish (lobster, crab, shrimp).

Contains No: Gluten, sugar, salt, starch, corn, wheat, lactose, citrus, milk, egg, artificial coloring, flavoring, or preservatives.