

## **Nutrition Facts**

Serving Size: 1 heaping tbsp (6g)

Servings Per Container: 30

**Amount Per Serving** 

Calories 25

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 1g	0%
Protein 0a	

Not a significant source of cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

Ingredients: RYZE Organic Mushroom Matcha Blend (Ceremonial Grade Japanese Matcha, Cordyceps, Reishi, Lion's Mane, Shiitake, King Trumpet, Turkey Tail), Organic Coconut Milk Powder, Organic MCT Oil Powder, Organic Blue Spirulina, Organic Himalayan Pink Salt.