



SerotoninHelp

Dietary Supplement

Helps Support Brain Health
for a Sense of Wellbeing**

120 Vegetarian Capsules

Supplement Facts

Serving Size: 2 capsules (400mg)

Serving per container: 60


	Amount Per Serving	% DV
5-HTP (5-Hydroxytryptophan) (Griffonia Seed Extract)	120mg	†
Vitamin C (as Ascorbic Acid)	80mg	†
Magnesium (as Magnesium L-Threonate)	80mg	†
Zinc (as Zinc Citrate)	80mg	†
Vitamin B6 (as Pyridoxal-5-Phosphate)	40mg	†

*Percent Daily Values are based on a 2,000-calorie diet.

†Daily Value (DV) Not Established.

Other ingredients: Vegetable Cellulose Capsule.

Distributed by:
Herbs SRA
Houston, TX, 77083-4865

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SUGGESTED USE: As a dietary supplement, take two (2) capsules twice daily. For best results, take capsules in the morning and the afternoon with 8oz. of water.

CAUTION:

Do not exceed recommended dose.

Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

STORE IN A COOL, DRY PLACE.

** These statements have not been evaluated by the FDA (Food and Drug Administration). This product is not intended to diagnose, treat, cure, mitigate or prevent any disease or health condition.