

SUGGESTED USE: As a dietary supplement, take two (2) capsules once a day. For best results take 20-30 min before bedtime with 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and Expiration Date Printed on
bottom of Bottle V1R0
SKU: 26155-817

VITALS®

PREMIUM SLEEP & RELAXATION FORMULA

100% Drug Free

Dietary Supplement
60 Capsules



Made In
The USA



FDA
Registered
Facility



GMO
Free



Gluten
Free



Lactose
Free



BPA
Free

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Calcium (As Calcium Carbonate)	17mg	1%
Vitamin B6 (Pyridoxine HCl)	1.8mg	106%
Magnesium (As Magnesium Citrate)	13mg	3%
Melatonin	10mg	**
Sleep Formula Proprietary Blend	905mg	**
L-Tryptophan, Goji (<i>Lycium barbarum</i>)(berry), Chamomile (<i>Matricaria camomilla</i>)(flower), Lemon Balm (<i>Melissa Officinalis</i>)(aerial), Passion Flower (<i>Passiflora incarnata</i>)(flower), L-Taurine, Hops (<i>Humulus lupulus</i> (flower), St. John's Wort (<i>Hypericum perforatum</i>)(aerial), GABA (<i>Gamma aminobutyric acid</i>), Skullcap (<i>Scutellaria baicalensis</i>)(root), L-Theanine, Ashwagandha (<i>Withania somnifera</i>)(root), Inositol, 5-HTP (<i>Griffonia simplicifolia</i>)(seed).		

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (Vegetable), Silicon Dioxide.

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