



# ProgestaCare

Dietary Supplement

Optimizes Female  
Hormonal Balance\*\*

120 Vegetarian Capsules

## Supplement Facts

Serving Size: 2 capsules (400mg)

Serving per container: 60

	Amount Per Serving	% DV
Maca Root Extract ( <i>Lepidium Meyenii</i> ) (root) (4:1)	72mg	†
Dong Quai Root Extract ( <i>Angelica sinensis</i> ) (root)	56mg	†
Black Cohosh Extract ( <i>Cimicifuga racemosa</i> ) (root)	56mg	†
Vitamin C (as Ascorbic Acid)	40mg	†
Magnesium (as Magnesium Citrate)	40mg	†
Zinc (as Zinc Citrate)	40mg	†
Vitamin E (as D-Alpha Tocopheryl Succinate)	32mg	†
Vitamin B6 (as Pyridoxal-5-Phosphate P5P)	32mg	†
DIM (Diindolylmethane)	32mg	†

\*Percent Daily Values are based on a 2,000-calorie diet.

†Daily Value (DV) Not Established.

Other Ingredients: Vegetable Cellulose Capsule.

**SUGGESTED USE:** As a dietary supplement, take two (2) capsules twice daily. For best results, take capsules in the morning and the afternoon with 8oz. of water

**CAUTION:**

Do not exceed recommended dose.

Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**

**STORE IN A COOL, DRY PLACE.**

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\*\* These statements have not been evaluated by the FDA (Food and Drug Administration). This product is not intended to diagnose, treat, cure, mitigate or prevent any disease or health condition.