

**NEW
Improved
Formula**

Sundown
Naturals

Hair, Skin & Nails

**Over 20 Key Ingredients
Including
Antioxidants C & E plus
Biotin 3000 mcg per serving!**

Helps Support:

• **Healthy Hair*** • **Vibrant Skin*** • **Strong Nails***

120 CAPLETS DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Caplets
Servings Per Container 40

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Palmitate) 5,000 IU	100%	Calcium (as Dicalcium Phosphate and Calcium Carbonate) 200 mg	20%
Vitamin C (as Ascorbic Acid) 60 mg	100%	Phosphorus (as Dicalcium Phosphate) 90 mg	9%
Vitamin D (as D3 Cholecalciferol) 1,000 IU	250%	Magnesium (as Magnesium Oxide) 50 mg	13%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 15 IU	50%	Zinc (as Zinc Gluconate) 7.5 mg	50%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride) 5 mg	333%	Manganese (as Manganese Gluconate) 2 mg	100%
Riboflavin (Vitamin B-2) 2 mg	118%	PABA (Para-Aminobenzoic Acid) 10 mg	**
Niacin (as Niacinamide) 25 mg	125%	Choline Bitartrate 10 mg	**
Vitamin B-6 (as Pyridoxine Hydrochloride) 5 mg	250%	Inositol 30 mg	**
Folic Acid 200 mcg	50%	Citrus Bioflavonoid / Rutin Complex 38 mg	**
Vitamin B-12 (as Cyanocobalamin) 8 mcg	133%	Horsetail Powder (<i>Equisetum arvense</i>) (aerial) 3 mg	**
Biotin (as d-Biotin) 3,000 mcg (3 mg)	1,000%	Collagen (Hydrolyzed Gelatin) 50 mg	**
Pantothenic Acid (as d-Calcium Pantothenate) 15 mg	150%	**Daily Value not established.	

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Gelatin, Silica, Vegetable Magnesium Stearate.

Contains fish (cod, cusk, flounder, haddock, hake, pollock, redfish, sole) ingredients.

No Artificial Color or Flavor, **No** Preservatives, **No** Sugar, **No** Milk, **No** Lactose, **No** Gluten, **No** Wheat, **No** Yeast, **No** Shellfish. Sodium Free.

03B B52181 LAB ©2013

**Smart
Facts**

Sundown Naturals Hair, Skin and Nails caplets provide a combination of nutrients including Vitamin C and Biotin, which support the structural foundation of your hair, skin and nails.*

DIRECTIONS: FOR ADULTS, TAKE THREE (3) CAPLETS DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

**FREE OF
Gluten &
Wheat**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



Prod. No.
36239

