

SUGGESTED USE: As a dietary supplement, take two (2) capsules twice daily. For best results, take capsules in the morning and the afternoon with 8oz. of water.

CAUTION:

Do not exceed recommended dose.
Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

** These statements have not been evaluated by the FDA (Food and Drug Administration). This product is not intended to diagnose, treat, cure, mitigate or prevent any disease or health condition.



Ashwagandha Extract

Dietary Supplement

Helps Relieve Stress**
Enhances Energy & Mood**

120 Vegetarian Capsules

Supplement Facts

Serving Size: 2 capsules (400mg)

Serving per container: 60

	Amount Per Serving	% DV
Ashwagandha Extract (5:1) (root) <i>Withania somnifera</i>	375mg	†
Black Pepper Fruit Extract (<i>Piper nigrum</i>) (Fruit)	25mg	†

*Percent Daily Values are based on a 2,000-calorie diet.

†Daily Value (DV) Not Established.

Other Ingredients: Vegetable Cellulose Capsule.

Distributed by:
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