

**SUGGESTED USE:** As a dietary supplement, take one (1) capsule twice daily. For best results, take capsule in the morning and the afternoon with 8oz. of water.

**CAUTION:**

Do not exceed recommended dose.

Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**

**STORE IN A COOL, DRY PLACE.**

Distributed by:

Herbs SRA

Houston, TX. 77083-4865

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**\*\*** These statements have not been evaluated by the FDA (Food and Drug Administration). This product is not intended to diagnose, treat, cure, mitigate or prevent any disease or health condition.



# Anemia Defense

**Dietary Supplement**

**Supports Prevention &  
Treatment of Anemia\*\***

**120 Vegetarian Capsules**

## Supplement Facts

Serving Size: 1 capsule (250mg)

Serving per container: 120

|                          | Amount Per Serving | % DV |
|--------------------------|--------------------|------|
| Iron                     | 168mg              | ↑    |
| (as Ferrous Fumarate)    |                    |      |
| Vitamin B12              | 116mg              | ↑    |
| (as Methylcobalamin)     |                    |      |
| Chondroitin              | 114mg              | ↑    |
| (as Chondroitin Sulfate) |                    |      |
| Copper                   | 2mg                | ↑    |
| (as Copper Gluconate)    |                    |      |

\*Percent Daily Values are based on a 2,000-calorie diet.

\*Daily Value (DV) Not Established.

Other Ingredients: Vegetable Cellulose Capsule.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.