

HERBAL SUPPLEMENTS



DIETARY SUPPLEMENT

Organic Irish Moss

100% Vegan

4 oz (114 grams)



PURITAN'S
PRIDE

Supplement Facts

Serving Size 1 Level Scoop

(approx. 3.8 grams)

Servings Per Container About 30

Amount Per Serving		% DV *
Calories	10	
Total Carbohydrate	2 g	1%
Dietary Fiber	1 g	4%
Protein	1g	1%
Calcium	34 mg	3%
Iron	1.5 mg	8%
Iodine	1,100 mcg	733%
Sodium	140 mg	6%
Potassium	133 mg	3%
Organic	3800 mg	**
Irish Moss Leaf (<i>Chondrus crispus</i>)		

*Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) Not Established