Directions : Add 1 scoop of FitMiss Delight to 8-12 oz. of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and ice in a blender.
Blend until creamy for a frosty smoothie.
For more smoothie recipes, go to **FITMISS.COM.**

Supplement Facts

Serving Size: 23.7g
Servings Per Container: Approx. 22

	Amount Per Serving	%DV†
Calories	90	
Calories from Fat	15	
Total fat	1.5 g	2%
Saturated Fat	0.5 g	3%
Cholesterol	50 mg	17%
Sodium	65 mg	3%
Total Carbohydrate	4 g	1%
Dietary Fiber	1 g	4%
Sugars	1 g	†
Protein	16 g	32%
Vitamin B12 (as Methylcobalamin)	50 mcg	833%
Calcium	121 mg	12%
Iron	280 mcg	2%
Magnesium	12 mg	3%
Potassium	122 mg	3%
Proprietary Greens & Fruit Blend	1500 mg	†
Flax Seed, Apple Extract, Artichoke Leaf Extract, Barley Grass, Black Berry Fruit, Blood Orange, Broccoli, Cherry Extract, Citrus Flavonoids, Cranberry Extract, Lemon Bioflavonoids, Mango Seed Extract, Pomegranate Rind Extract, Red Currants, Spinach, Strawberry, Watermelon, Wheat Grass.		
Digestions Enzyme Blend	60 mg	†
Protease, Lactase		

† Percent Daily Values are based on a 2000 calorie diet
(*) Daily value not established

INGREDIENTS: Fitmiss Protein Blend [Whey Protein Concentrate, L-Leucine, L-Isoleucine, L-Valine, Egg Albumin, Micellar Casein, Whey Protein Isolate, Whey Protein Hydrolysate], Flax Seed, Inulin, Natural & Artificial Flavors, Calcium Silicate, L-Glutamine, Citric Acid, Solathin™ Potato Protein, Red Beet Juice Powder (for color), Salt, Carrageenan, Xanthan Gum, Cellulose Gum, Protease, Acesulfame Potassium, Sucralose, Lactase, Potassium Citrate, Apple Extract, Artichoke Leaf Extract, Barley Grass Powder, Black Berry Fruit Powder, Blood Orange Powder, Broccoli Powder, Cherry Extract, Citrus Flavonoids, Cranberry Extract, Lemon Bioflavonoids, Mango Seed Extract, Pomegranate Rind Extract, Red Currant Powder, Spinach Powder, Strawberry Powder, Watermelon Powder, Wheat Grass Powder

ALLERGEN WARNING: This product contains milk, soy, and egg. This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.

WARNING: This product is only intended for use by healthy adults over 18 years of age. Consult your physician before using this product if you are taking any prescription or over the counter medications or supplements. Do not use this product if you are pregnant, expect to become pregnant or are nursing.
KEEP OUT OF REACH OF CHILDREN.

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POWERED BY: MUSCLEPHARM

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Exclusively Developed & Manufactured For:
MusclePharm® Corp.
4721 Ironton St. Bldg. A
Denver, CO 80239 USA
Made in a cGMP certified facility
Packaged in **USA**

EAT LESS. FEEL FULLER. LOSE WEIGHT.

Finally. A nutrition shake for WOMEN that satisfies hunger while providing real results. FITMISS DELIGHT™ brings a full day's essential nutrients with quality calories and delivers optimal levels of protein, digestive enzymes, vitamins and minerals. The source of this natural goodness is a unique blend of fruits and vegetables. The protein mix contains whey isolate protein that digests and absorbs rapidly, along with the newest weight-loss innovation, Solathin®. This vegetable-based protein helps you feel full faster*. The gluten-free balance of carbohydrates, fats, and high-quality proteins provide sustained energy and appetite satisfaction. Drink FITMISS DELIGHT™ every day- you'll feel more satisfied, and lose weight! This combination of healthy ingredients works together synergistically to provide nutritional support for lean muscle tissue, fat loss and increasing energy.

A HEALTHY SHAKE THE WAY NATURE INTENDED

- Delicious, Nutritious, Satisfying, and Gluten Free!*
- High in Protein, quality calorie mix that helps you lose weight.*
- Includes the newest weight-loss innovation Solathin® that helps with making you feel full faster.*
- Includes essential vitamins & minerals to keep you healthy and energized.*
- The Healthiest Meal Of the Day.*

MANAGING YOUR WEIGHT LOSS IS EASY!

- Eat a healthy snack between meals.*
- Enjoy a healthy, balanced dinner with up to 5 ounces of protein (fish, poultry, or tofu).*
- Don't eat at least 3 hours before bedtime.*
- Drink at least 8 glasses of water a day to maintain metabolism and flush toxins.*
- Stay active with the FitMiss fitness program that's right for you*

When used in conjunction with a balanced nutrition and exercise program.

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CLINICALLY TESTED INGREDIENTS

DELIGHT™

WOMEN'S PREMIUM HEALTHY NUTRITION SHAKE

- HIGH PROTEIN/LOW CALORIE
- USE AS A MEAL OR HEALTHY SNACK
- CURB YOUR HUNGER FOR HOURS

DIETARY SUPPLEMENT
NET WEIGHT 520 G (1.15 LBS)