

SUSTAINED **PROTEIN** BLEND

7-HOUR SUSTAINED-RELEASE **PROTEIN SHAKE**

25_G **PROTEIN**

PROTEIN SOURCES

130 **CALORIES**

PEANUT BUTTER PUFFS

NATURAL + ARTIFICIAL FLAVORS



Store in a cool, dry place. For More Information: 1-888-462-2548 GNC.com

INFORMED-CHOICE /

Trusted by sport

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. "Product was tested for over 220 banned substances on the 2020 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

14 FL OZ (414 ML)

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING, Drink as a breakfast, between meals, post-workout or on non-training days for sustained release of amino acids for ongoing muscle support. Chill before drinking. Refrigerate after opening.

Nutrition Facts

One serving per container

Serving Size One Bottle 14 fl oz (414 mL)

Amount Per Serving Calarias

120

Calories	130
	% Daily Value†
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat Og	
Cholesterol 30mg	10%
Sodium 150mg	7%
Total Carbohydrate 5g	2%
Dietary Fiber 3g	11%
Total Sugars <1g	
Includes Og Added Sugars	s 0%
Protein 25g	50%
Vitamin D Omcg 0% •	Calcium 300mg 25%
Iron Omg 0% •	Potassium 150mg 4%

† The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Proprietary Protein Blend (Micellar Casein, Whey Protein Concentrate, Chickpea Protein, Milk Protein Isolate), and Less Than 2% of Sunflower, Safflower and/or Canola Oil, Maltodextrin, Natural and Artificial Flavors, Cocoa Processed with Alkali, Sodium Hexametaphosphate, Potassium Citrate, Cellulose Gel, Cellulose Gum, Acesulfame Potassium, DATEM, Sucralose, Carrageenan. CONTAINS: Milk.

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Gluten Free, No Soy. SUBSIA