

RELAX & UNWIND

Ashwagandha is an ancient medicinal herb that has been used in Ayurvedic medicine for centuries. Atlantis Nutrition is proud to have infused all the health benefits of Ashwagandha, Vitamin D & Zinc into a delicious tasting gummy the whole family will love!*

DIRECTIONS: Chew 2 gummies once daily as a dietary supplement, or as directed by a qualified health care professional.

WARNING: Take only as directed. Do not exceed suggested dosage. Pregnant or nursing mothers, children under 18 or individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product may settle during shipping. Natural colors will darken over time. This does not alter the potency of the product. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF
SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot# and best if used by Printed on bottom of bottle. V1R1

ATLANTIS
NUTRITION



ASHWAGANDHA GUMMIES

- 1500 MG Ashwagandha Per Serving*
- Relieves Stress & Calms Nerves*
- Increases Energy Levels & Mood*

DIETARY SUPPLEMENT

60
GUMMIES

Supplement Facts

Serving Size: 2 Gummies
Serving Per Bottle: 30

	Amount Per Serving	%DV*
Calories	15	
Total Carbohydrates	4g	1%
Total Sugar	4g	**
Includes 4g added sugar		8%
Vitamin D (as ergocalciferol)	200mcg	1000%
Zinc (Zinc Citrate)	4mg	36%
Sodium (as sodium citrate)	5mg	<2%
Ashwagandha Extract 30:1 (Withania somnifera) (Root) [Standardized to 3% Withanolides (1.5mg)] (Equivalent to 1,500mg Ashwagandha)	50mg	**

*Daily value not established

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Glucose Syrup, sugar, glucose, pectin, citric acid, natural tart cherry flavor, sodium citrate, spinach powder and vegetable oil (with carnauba wax)

Manufactured for Atlantis Nutrition
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www.atlantisnutrition.com

NON

GMO, GLUTEN & DAIRY FREE
INGREDIENTS

